

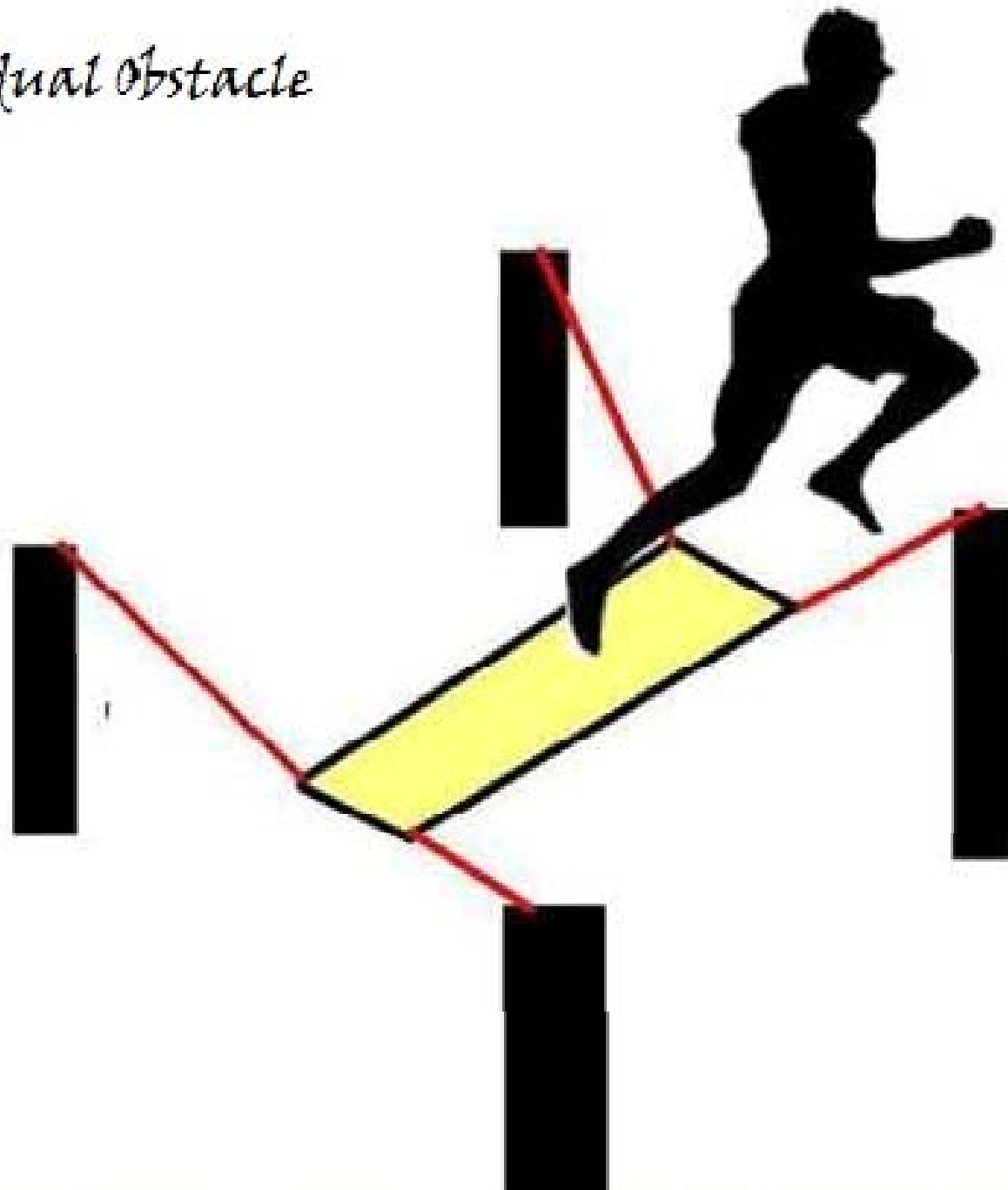


INDIVIDUAL OBSTACLES AT ISSB

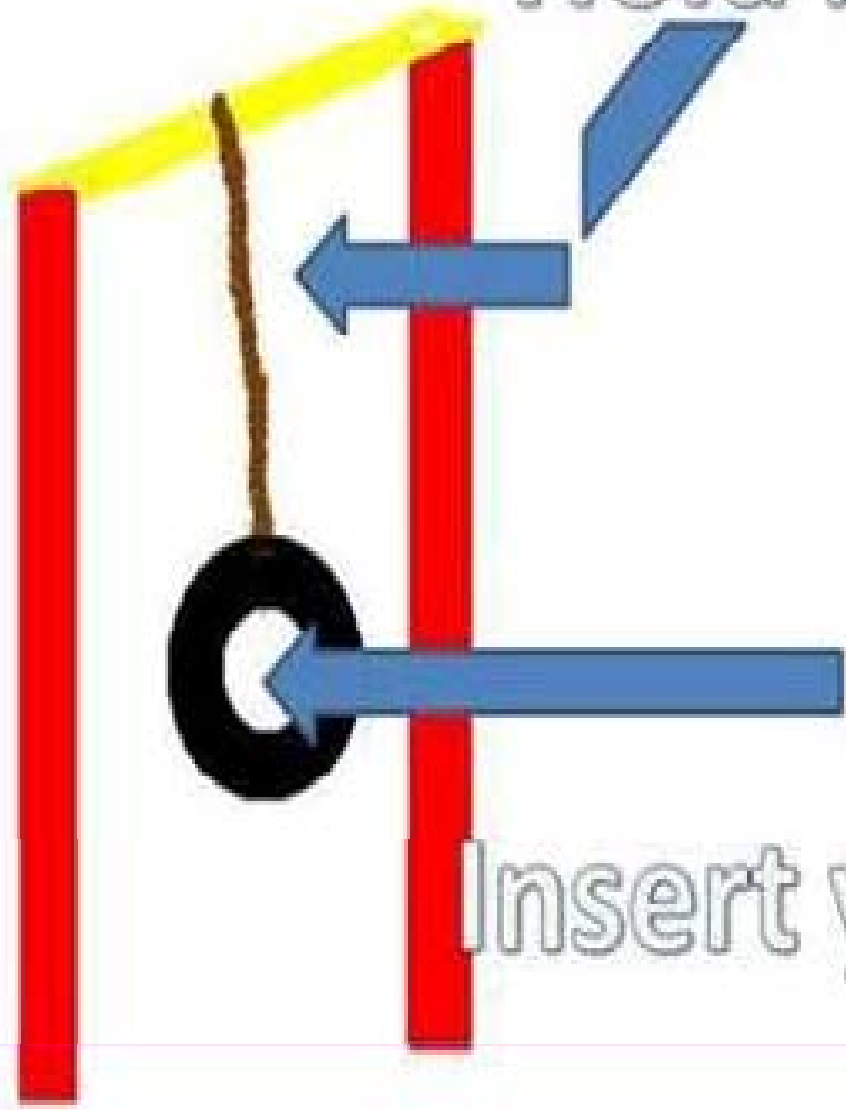
Courtesy: www.issbguide.com

No 1

Individual Obstacle



Hold by hands



Insert your feet

