# ISSB 

(Prep)

1. What is ISSB
2. G.K
3. Command by GTO
4. Psychological Test
5. Interview Quiz'z

## 1) What is ISSB?

( ISSB ) - Inter Services Selection Board commonly known as ISSB, representing ISSB Kohat and its detachments at Gujranwala, Malir and Quetta. ISSB is the premier human resource organisation which selects future leadership for the armed forces of Pakistan. ISSB acts as nursery for the Armed Forces of Pakistan. The candidates reporting at ISSB are subjected to an elaborate selection system and the ones with requisite leadership potentials are recommended to undergo training in the three services academies...-- Mission is to Select potential officers for the defence forces of Pakistan who have the requisite mental, moral, social and dynamic qualities to make successful leaders during peace and war.

The above mission sets a very sacred and tough challenge for the oraganistaion which can only be met with true dedication, selfless devotion and unflinching resolve to set and meet the standards. Inter Services Selection Board follows a set of time tested protocols to analyse and predict human personality and along the way has earned a respectable name and fame to its credit...

## I.S.S.B 4 DAYS SHUDULE

(ARRIVING DAY)
>submitting educational forms.
> Allotment of chest number...nd Roomz
>Photograph...
> Filling of bio data forms.... + An Incident like Aim of life..?? Unforgettable moment of life... etc
> Height and weight....

1st DAY
>Intelligence test . (screen out test)
>Personality test.( Sentence completion, picture stories, pointer stories, WAT (World association test), writing 5 Good and 5 bad points..
>> Interview ......

2nD DAY(G.T.O FIRST DAY)
>Group discussion...
> there will be a Lecture from every candidate ...
> Group planning...
>interview of Physiologist
>Progressive task.
>Half group task.

> 3rd DAY ( G.T.O 2ND DAY)
>Individual task.
> command task.
> Some candidate will call for re interview, re command task, while other will go to home.

## 2)General Knowledge Test (G.K)

## - Abbreviations

1. A.P.W.A All Pakistan women association
2. A.S.E.A.N Association of south east Asian association
3. B.B.C British broad casting corporation
4. B.C.C.P Board of control cricket in Pakistan
5. C.B.R Central board of revenue
6. C.E.N.T.O Central treaty organization
7. C.I.A Central investigation agency.
8. C.I.D Criminal investigation department.
9. C.S.P Civil service of Pakistan.
10. C.S.S Central superior services.
11. C.T.B.T Comprehensive test ban treaty.
12. D.I.G Deputy inspector general.
13. F.A.N.A Federally administrated northern areas.
14. F.A.T.A Federally administrated tribal
15. P.A.T.A Provincially administrated tribal areas.
16. F.I.R First information report.
17. I.B.M International Business machines.
18. G.H.Q General head quarter.
19. I.S.P.R Inter services public relation.
20. I.S.S.B Inter services selection board.
21. M.B.A Master in business administration.
22. M.B.B.S Bachelor in medicine and master in surgery.
23. M.E.S Military engineering service.
24. N.A.T.O North Atlantic treaty organization
25. N.A.M Non aliened moment.
26. N.E.W.S North east south west.
27. N.O.C No objection certificate.
28. O.I.C Organization of Islamic conference
29. P.C.S Public service commission.
30. S.A.A.R.C South Asian association for regional cooperation
31. S.E.A.T.O South east Asian treaty organization.
32. S.S.G Special services Group.
33. U.N.E.S.C.O United nations educational scientific cultural organization.
34. U.N.I.C.E.F United nation international children emergency fund.
35. U.N.O United Nation organization.
36. U.S.A United states America
37. W.A.P.D.A Water and power development authority.
38. W.A.S.A Water and sanitation authority.
39. W.T.O World trade organization.
40. O.I.C Organization of Islamic cultural.
41. N.A.T.O North Atlantic treaty organization.
42. N.C.C National cadet corps.
43. I.M.F International monetary fund.
44. N.A.M Non aligned movement.
45. K.K.H Karakorum Highway.
46. I.S.S.B Inter services selection board.
47. G.N.P Gross national product.
48. G.D.P Gross domestic product.
49. PEMRA ?

## * About Pakistan

- Official Name Islamic Republic of Pakistan
- Father of the Nation Quaid-i-Azam Muhammad Ali Jinnah (1876-1948)
- National Poet Allama Muhammad lqbal (1877-1938)
- Head of the State Asif Ali Zardari, President
- Head of Government Syed Yousaf Raza Gilani, Prime Minister
- Capital Islamabad
- Area
- Total 796,095 Sq. km.
- Punjab 205,344 Sq. km.
- Sindh 140,914 Sq. km.
- Khyber Pukhtoonkhwa 74,521 Sq. km.
- Balochistan 347,190 Sq. km.
- Federally Administered Tribal Areas 27,220 Sq. km.
- Islamabad (Capital) 906 Sq. km.
- Population 165 million (estimated)- 132 million (1998 census)
- Pakistan is divided into four provinces viz., Khyber Pukhtoonkhwa, Punjab, Sindh and Balochistan. Provinces of Pakistan are further divided into Districts
- Religion 95\% Muslims, 5\% others.
- Annual per capita income US $\$ 1085$, ,
- GDP 5.8\%
- Currency Pak. Rupee.
- Imports Industrial equipment, chemicals, vehicles, steel, iron ore, petroleum, edible oil, pulses, tea.
- Exports Cotton, textile goods, rice, leather items carpets, sports goods, handi-crafts, fish and fish prep. and fruit
- Languages Urdu (National) and English (Official)
- Literacy rate $53 \%$
- Government Parliamentary form
- Parliament Parliament consists of two Houses i.e., the Senate (Upper House) and the National Assembly (Lower House).
- Senate consists of 100 members.
- The National Assembly has a total membership of 342 elected through adult suffrage (272 general seats, 60 women seats and 10 non-Muslim seats).
- Pakistan National Flag
- Dark green with a white vertical bar, a white crescent and a five-pointed star in the middle. The Flag symbolizes Pakistan's profound commitment to Islam, the Islamic world and the rights of religious minorities.
- National Anthem Approved in August, 1954
- Verses Composed by: Abdul Asar Hafeez Jullundhri
- Tune Composed by: Ahmed G. Chagla
- Duration: 80 seconds
- State Emblem The State Emblem consists of:
- 1. The crescent and star which are symbols of Islam
- 2. The shield in the centre shows four major crops
- 3. Wreath surrounding the shield represents cultural heritage and
- 4. Scroll contains Quaid's motto: Faith, Unity, Discipline
- Pakistan's Official Map
- Drawn by Mian Mahmood Alam Suhrawardy (1920-1999)
- National Flower
- Jasmine.
- National Tree
- Deodar (Cedrus Deodara).
- National Animal
- Markhor.
- National Bird
- Chakor (Red-legged partridge)
- Flora
- Pine, Oak, Poplar, Deodar, Maple, Mulberry
- Popular games Cricket, Hockey, Football, Squash.
- Tourist's resorts Murree, Quetta, Hunza, Ziarat, Swat, Kaghan, Chitral and Gilgit
- Archaeological sites Moenjo Daro, Harappa, Taxila, Kot Diji, Mehr Garh, Takht Bhai.
- Major Cities Islamabad, Karachi, Lahore, Peshawar, Quetta, Rawalpindi, Hyderabad, Faisalabad, Multan and Sialkot
- Major Crops Cotton, Wheat, Rice and Sugarcane
- Agricultural Growth Rate $4.1 \%$ on the average for the last six years-- $1.5 \%$ in 2007-08
- Total cropped area 25.01 million hectares
- Industry Textiles, Cement, Fertiliser, Steel, Sugar, Electric Goods, Shipbuilding
- Energy Major sources Electricity (Hydel, Thermal, Nuclear) Oil, Coal, and Liquid Petroleum Gas
- Power Generating Capacity 22763 MW
- Health
- Hospitals 916
- Dispensaries 4,600
- Basic Health Units (BHUs) 5,301
- Maternity \& Child Health Centres 906
- Rural Health Centres (RHCs) 552
- Tuberculosis (TB) Centres 289
- Hospital Beds 99,908
- Doctors (registered) 113,206
- Dentists (registered) 6,127
- Nurses (registered 48,446
- Paramedics 23,559
- Lady Health Workers 6,741
- Education
- Primary Schools
- 155,000
- Middle Schools
- 28,728
- High Schools
- 16,100
- Secondary Vocational Institutions
- 636
- Arts \& Science Colleges
- 1,066
- Professional Colleges
- 382
- Universities
- 51
- Transport \& Communication
- Total length of roads
- $259,758 \mathrm{~km}$
- Pakistan Railway network
- $7,791 \mathrm{~km}$
- Railway stations
- 781
- Pakistan International Airlines
- Covers 38 international and 24 domestic stations with a fleet of 49 planes
- Major Airports
- Eight (Islamabad, Karachi, Lahore, Quetta, Peshawar, Multan, Faisalabad and Gwadar)
- Seaports
- International Three (Karachi, Bin Qasim and Gwadar
- Fish Harbours-Cum-Mini Ports Three (Minora, Gawadar, and Keti Bandar)
- Communications
- Post Offices 12,170
- Telephone connections 5,052,000
- Public Call Offices 217,597
- Telegraph offices 299
- Internet Connections 2 million
- Mobile Phones 10,542,641
- Employment
- Total Labour force 46.84 million
- Employed Labour Force 43.22 million
- Agriculture Sector 18.60 million
- Manufacturing \& Mining sector 5.96 million
- Construction 2.52 million
- Trade 6.39 million
- Transport 2.48 million
- Others 6.98 million
- Print Media (In accordance with Central Media List)
- Dailies 540
- Weeklies 444
- Fortnightlies 55
- Monthlies 268
- News Agencies
- Official APP
- Private PPI, NNI, On Line and Sana.
- Electronic Media
- Television
- Public Sector
- Pakistan Television Corporation
- Five TV centres at Islamabad, Lahore, Peshawar, Quetta and Karachi covering 88.58\% population and 49 re-broadcasting stations. 6 channels: PTV Home, PTV News, PTV National (Regional programming in Balochi, Pashto, Punjabi, Sindhi), PTV Global (for U.S.A.), PTV Bolan (PTV Quetta) and AJK TV (Azad Jammu \& Kashmir Television - Kashmiri channel for local viewers)
- Private Sector
- 
- More than 50 channels \{Pakistan Media Regulatory Authority (PEMRA) has issued licences to more than 81 applicants so far\}
- Radio
- Public:
- Pakistan Broadcasting Corporation (Radio Pakistan..has 31 radio stations throughout Pakistan besides eight FM stations at Islamabad, Lahore, Karachi, Peshawar, Quetta, Faisalabad, Sialkot and Hyderabad. Besides its World Service in English and Urdu, Radio Pakistan beams its external services in seven languages to different parts of the world.
- Private:
- PEMRA has issued licences for the establishment of more than 100 FM Radio stations including universities for educational purposes.
- Cable Operators More than 900
- 
- Famous Mountain Peaks
- Height
- World Rating
- K-2 (Chagori)
- 8616 m
- 2nd
- Nanga Parbat
- 8125 m
- Tirich Mir
- 7708 m
- Famous Mountain Passe
- Location Province
- The Khyber Pass Khyber Pukhtoonkhwa
- The Kurram Pass FATA
- The Tochi Pass FATA
- The Gomal Pass Khyber Pukhtoonkhwa
- The Bolan Pass Balochistan
- The Lowari Pass Chitral (Khyber Pukhtoonkhwa)
- The Khunjrab Pass Northern Areas
- Rivers
- Length
- The Indus $2,896 \mathrm{~km}$
- Jhelum 825 km
- Chenab $1,242 \mathrm{~km}$
- Ravi 901 km
- Sutlej $1,551 \mathrm{~km}$
- Beas (tributary of Sutlej) 398 km
- Famous Glaciers
- Length
- Siachin 75 km
- Deserts
- Location/Province
- Thar Sindh
- Cholistan Punjab
- Thal Punjab
- Lakes
- Location/Province
- Manchar Sindh
- Keenjar Sindh
- Hanna Balochistan
- Saif-ul-Maluk Khyber Pukhtoonkhwa
- Satpara Northern Area
- Major Dams
- Location/Province
- Mangla Dam Punjab
- Tarbela Dam Khyber Pukhtoonkhwa
- Warsak Dam Khyber Pukhtoonkhwa........
- 

Government

- Country name:
- conventional long form: Islamic Republic of Pakistan former: West Pakistan
- Government type:
- federal republic
- Capital:
- Islamabad
- Administrative divisions:
- 4 provinces, 1 territory*, and 1 capital territory**; Balochistan, Federally Administered Tribal Areas*, Islamabad Capital Territory**, North-West Frontier Province, Punjab, Sindhnote: the

Pakistani-administered portion of the disputed Jammu and Kashmir region includes Azad Kashmir and the Northern Areas

- Independence:
- 14 August 1947 (from UK)
- National holiday:
- Republic Day, 23 March (1956)
- Constitution:
- 12 April 1973; suspended 5 July 1977, restored with amendments 30 December 1985; suspended 15 October 1999, restored in stages in 2002; amended 31 December 2003
- Legal system:
- based on English common law with provisions to accommodate Pakistan's status as an Islamic state; accepts compulsory ICJ jurisdiction, with reservations
- Suffrage:
- 18 years of age; universal; joint electorates and reserved parliamentary seats for women and non-Muslims
- Executive branch:
- chief of state: President Asif Ali ZARDARI (since 9 September 2008)head of government: Syed Yousuf Raza GILANI (since 25 March 2008)cabinet: Cabinet appointed by the President upon the advice of the prime ministerelections: the president is elected by secret ballot through an Electoral College comprising the members of the Senate, National Assembly, and the provincial assemblies for a five-year term; election last held on 6 September 2008; note - any person who is a Muslim and not less than 45 years of age and is qualified to be elected as a member of the National Assembly can contest the presidential election; the prime minister is selected by the National Assembly.
- Legislative branch:
- bicameral Parliament or Majlis-e-Shoora consists of the Senate (100 seats - formerly 87; members indirectly elected by provincial assemblies to serve six-year terms and the National Assembly ( 342 seats - formerly 217; 60 seats represent women; 10 seats represent minorities; members elected by popular vote to serve five-year terms)
- Judicial branch:
- Supreme Court (justices appointed by the president); Federal Islamic or Shari'a Court
- Political pressure groups and
- military remains most important political force; ulema (clergy), landowners, industrialists, and small merchants also influential


## * ISLAMIAT

>>>>>>>>>>>THERE ARE 3 MISTAKES:

* How many Sura are in Holy Quran ? 114
* How many Verses are in Holy Quran ? 6666.
* How many dots are in Holy Quran ? 1015030.
* How many over bar (zaber) are in Holy Quran ? 93243
* How many under bar ( Zaer ) are in Holy Quran? 39586
* How many Raque are in Holy Quran ? 1000.
* How many stop ( Waqf) are in Holy Quran ? 5098.
* How many Thashdeed are in Holy Quran ? 19253.
* How many letters are in Holy Quran ? 323671
* How many pash are in Holy Quran ? 4808.
* How many Madd are in Holy Quran ? 1771
* How many words are in Holy Quran ? 77701.
* How many parts of Holy Quran ? 30.
* How many time Besmillah Al-Rahmaan Al-Raheem is repeated? 114.
* How many Sura start with Besmillah Al-Rahmaan Al-Raheem ? 113.
* How many time the word 'Quran' is repeated in Holy Quran ? 70.
* Which is the longest Sura of Holy Quran ? Al-Baqarah.
* Which is the best drink mentioned in Holy Quran ? Milk.
* The best eatable thing mentioned in Holy Quran is ? Honey.
* Which is the shortest Sura of Holy Quran ? Qausar.
* The longest verse of Holy Quran is in which Sura? Al-Baqarah No. 282
* Which letter is used for the most time in Holy Quran.? Alaph
* Which letter is used for the lest time in Holy Quran ? Zaa.
* Which is the best night mentioned in Holy Quran ? Night of Qadar.
* Which is the best month mentioned in Holy Quran ? Ramzan.
* Which is the biggest animal mentioned in Holy Quran ? Elephant.
* Which is the smallest animal mentioned in Holy Quran ? Mosquito
* How many words are in the longest Sura of Holy Quran ? 25500.
* How many words are in the smallest Sura of Holy Quran? 42
* Which Sura of Holy Quran is called the mother of Quran ? Sura Hamd
* How many Sura start with Al-Hamdullelah ? Five_ Hamd, Inaam, Kahf, Saba \& Fatr.
* How many Sura's name is only one letter ? Three, Qaf, Sad \& Noon.
* How many Sura start with word " Inna " ? Four sura - Fatha, Nuh, Qadr, Qausar.
* Which sura are called Musabbahat ? Esra, Hadeed, Hsar, Juma, Taghabun \& Aala.
* How many sura are Makkahi and how many are Madni ? Macci 86, Madni 28.
* Which sura is on the name of tribe of Holy Prophet? Quresh
* Which sura is called the heart of Holy Quran ? Yaseen.
* In which sura the name of Allah is repeated five time ? Sura al-Haj.
* Which sura are named Azaiam ? Sajdah, Fusselat, Najum \& Alaq.
* Which sura is on the name of one Holy war ? Sura Ahzaab.
* Which sura is on the name of one metal ? Sura Hadeed
* Which sura does not starts with Bismellah ? Sura Tauba.
* Which sura is called ' Aroos-ul-Quran ? Sura Rehman.
* Which sura is considered as $1 / 3$ of holy Quran ? Sura tauheed.
* The name of how many sura are with out dot? Hamd, Raad, Toor, Room, Masad.
* In which sura Besmillah came twice ? Sura Naml.
* How many sura start with the Initials (Mukette'at ) 29 Sura.
* Which Sura was revealed twice ? Sura Hamd.
* In which Sura the back biter are condemned ? Sura Humzah.
* In which Sura the name of Allah is repeated in every verse ? Sura Mujadala.
* In which Sura the letter 'Fa' did not come ? Hamd.
* Which Sura are called Muzetain ? Falk \& Nas.
* Which are those Sura if their name are reversed remain the same ? Lael \& Tabbat.
* Which is that Sura if its first letter is remove becomes the name of one of the city of Saudi ab? Sajdah
* Which Sura start with word ' Tabara Kallazi' ' Mulk \& Furkan
* Macci Sura were revealed in how many years? 13 years
* Madani Sura were revealed in how many years ? 10 years.
* Which sura start with word Kad ? Mujadala \& Momenoon.
* Which Sura is related to Hazrat Ali ? Sura Adiat.
* How many Sura are in 30th. Chapter ? 37.
* Which sura every verse ends with letter 'Dal ' ? Tauheed.
* Which Sura is revealed in respect of Ahllelbayet ? Sura Dahr.
* Which sura every verse ends with letter ' Ra ' Qauser.
* In which sura the creation of human being is mentioned ? Sura Hijr V-26.
* In which sura the regulations for prisoner of war is mentioned ? Sura Nesa
* Which sura is having the laws about marriage ? Sura Nesa.
* Which sura if its name is reversed becomes the name of one bird ? Sura Room.
* In which sura the story of the worship of cow of Bani Esra'iel is mentioned ? Sura Taha.
* In which sura the law of inheritance is mentioned? Sura Nesa
* In which sura the Hegira of Holy Prophet is mentioned ? Sura Infall.
* In which Sura the 27 Attributes of God are mentioned? Sura Hadeed
* The Most important G.K Quizz
$\checkmark \quad$ Bangladesh= Dhaka........ PM
$\checkmark$ India= New Delhi...... PM,FM,President name...All forces' Chief's ??,Defence miniester
$\checkmark \quad$ Afghanistan=Kaabul..... president
$\checkmark \quad$ Nepal=Khatmandu
$\checkmark \quad$ Sri Lanka= Coulumbo,president,FM
$\checkmark$ Russia= Moscow,,president
$\checkmark$ China= Beijing............PM,FM,President name ,All forces' Chief's ??,Defence miniester
$\checkmark$ Turkey=Anqrah............PM,FM,President name
$\checkmark$ Denmark= Coupon Hegan
$\checkmark \quad$ Norway=oslo
$\checkmark$ England= London.......PM, FM
$\checkmark$ America= Washington Dc...............PM,FM,President name,All forces' Chief's ??,Defence miniester
$\checkmark$ Belgium = Bersilz
$\checkmark$ Holland=Amsterdam
$\checkmark$ Vietnam= Hanoi
$\checkmark \quad$ Canada= Otaawa
$\checkmark \quad$ Canada =Ottawa
$\checkmark \quad$ Australia =Canberra
$\checkmark \quad$ Italy= Rome
$\checkmark$ Germany=Berlin........ chancellor
$\checkmark$ Egypt= Kaahera
$\checkmark$ Iran= Tehran............PM,FM,President name
$\checkmark \quad$ Phillipine= Maneela
$\checkmark$ Iraq= Baghdaad.......
$\checkmark$ Saudi Arabia= Riaz............shahzada,,,
$\checkmark \quad$ Sudaan=Khartoom
$\checkmark \quad$ Sweden= Stark home
$\checkmark$ Tajekistan= Doshambay
$\checkmark$ Uzbukistan= Taashkand
$\checkmark$ Aazarbaijan= Baako
$\checkmark \quad$ France= Paris........FM,President name
$\checkmark$ Austria= Viaana......PM
$\checkmark$ Umaan= Masqat
$\checkmark$ Japan= Tokyo
$\checkmark$ Brazil= Brazilia
$\checkmark$ Qatar= Dohaa
$\checkmark$ Shaam= Damishq
$\checkmark$ Somalia= Moghadeeshu
$\checkmark$ Israel= Jerusaleam
$\checkmark$ Lebanon= Beroot
$\checkmark$ Pakistan :: All forces' Chief's ??,Defence miniester?? Finance minister... speaker of Assembly, GOverners.... CM of all provinces... beltistan's too... NAB ???
$\checkmark$ Learn the Currency's of these Countries your self ..... FM=Foreign miniter, PM=prime minister....that its ... no need to learn the All president's name of all over the countries...no more...
$\checkmark$ Capitals $n$ currency.... http://www.onlinegkguide.com/2008/09/26/currency-and-capital-name-of-each-country-in-the-world/


## 3) Command by GTO

## Indoor Activities :

All the activities are simple, Just remember a few things Dont try to be over smart, Stay serious, Take charge of your teem...

* Participate in all activities make your observer realise that you are a leader and always remember (You Command Respect not demand respect)

GTO --Group testing Officer..(remember he alone can take stand for your RECCOMMEDATION), so give your best short....

1--Group discussions

The group discussion or group discussion task has assumed great importance. In the Group Testing Officer Task or G.T.O Task, the candidate creates the first impression on the Group Testing Officer (G.T.O) and other members of his group. The good performance of the candidate in the task of group discussion creates a good impression on the Group Testing Officer, and enrich his role in subsequent group tasks. As first impression is the last impression, hence the candidate must try his best to show his worth in group discussion.

During group discussion all candidates are arranged to sit in a circle. In the beginning every candidate introduces himself, like which city he belongs to, his educational qualifications, hobbies etc. Thereafter, the group discussions exercise begins. In this task, usually, two subjects are read out to the candidates and they are required to choose one of them for the sake of discussion. The subject which is agreed upon by the majority of the candidates is accepted by the Group Testing Officer for discussion.... You should be iniative and should speak at any cost.... ans speack for 2 minuts for 3 times.... total 5 to 6 minuts.... 20 minutes are total for Group discussion if this is Go0d then he will enhance the time of this task otherwise no... GTO just check the logic and main thing is that can u prove yourself in 10 persons...?? this is the big thing.... just speack speack and speack.... in this you can show youself a selfish like if some1 start to speack beat him/her ,donot stop till and but in out door tasks like prougrasive task $n$ half group task $n$ command task etc... in these task prove yourself u r not a selfish... you should be co-operative $n$ helping in out door tasks also should be an at first.... if $u$ speack $n$ speack in Group planing $n$ Group Discussion both $r$ in doOr tasks.. GTO is with you,,you selection may b $80 \%$ if your psyche is correct... Main vote is of psychologist...
******* ( topics for group disccusions plz visit here on ma
page....http://www.facebook.com/board.php?uid=126379560762125\&start=0 .... old topics of issb... but always repeats

## 2---Group Planning Exercise

This exercise begins soon after the Group Discussion, It is an indoor task, where the Group Testing officer reads out the narrative and with the help of the sand-model or sketch map explains the situation to the candidates. The map or model contains the scale, legend etc. If the candidates required any clarification to some pints, then it is cleared by the Group Testing Officer. Thereafter, the candidates are to write down their individual solutions in the paper provided for the purpose. The candidate are not allowed to consult each other while writing down their solutions. The candidate have to write down their chest numbers on the tip of the writing papers. The time for this written work is about 10 minutes. Thereafter, the candidate are required to discuss among themselves the situation and problems so as to arrive at a group solutions or plan. Every candidate is desired to express his views on the situation. All the candidates must arrive at a group plan. In the case the whole group is not unanimous in deciding the solution, then the plan accepted by the majority of the candidates is presented as the plan of the group. Then one of the candidate who is selected by the group itself stand up as a spokesman and present the plan to the Group Testing Officer. The time limit for discussion presentation is the observation and study of natural phenomena all around him. The time limit for discussion and presentation of the group plan is usually 20 minutes. After the presentation of group plan, the Group Testing Officer may ask the other candidate to give comments or criticism or suggestion. If any, to improve or modify the plan.

For Group Planing .... HE will check ur participation ...for military planning polish your maths $\qquad$ for example...if a car is moving at speed of $20 \mathrm{~km} / \mathrm{hr}$ how much its going to cover in 8.5 mins? (hopefully my question makes sense)
this typ of Qs are there is Interview Qs
listen very well to GTO. $\qquad$ In Miltry planing or Group planing GTO will speaks alot, he will try to change ur mind from that model... but never ever talk with any1... nd try to solve the mathematical Qs... GTO will make a long story ..........listen to it(jo storry sunata h)) well.........and there will be only few things to keep in mind/important...........again logic and attitude matters......

Always remembers the conditions hwich he will tell $u$ about that plan like time ,speed, Distance, about Roads ( he will tell $u$ ye kacha road $h$,, ye paka road $h . .$. )

Secondly during planning every one will give his opinion so listen to others too and give your opinion with logic.... coz GTO is watching you all and he know's who is doing well..
do show initative when he ask who wil become commmender....generally he chooses the worst person first (not obvious but from experience)

## Outdoor Activities :

* Some of the fundamental rules which the Group Testing Officer clears to the candidates before beginning the tasks ;


## 1. Out of Bounds Rule..

The whole ground area and any other structure painted red between the start line and the finish line, and their helping materials and loads are out of bounds to the candidates. There is punishment for any candidate or any object that touches the out of bounds area. The defaulter have soon to go back to the star line of that obstacle. If any object touches the out bounds areas, then the object should be carried back by the defaulter to the stat-line and then it should be brought forward again.

## 2. The Four Feet Rule...

The candidates are not permitted to jump any distance exceeding 4 feet either in length or in height. Such distances, are to be crossed with the assistance of the helping materials (ropes or bellies).
3. The Group Rule...

Every obstacle should be crossed by the whole group with its material and load, before the next obstacle is tried by anybody in the group.

## 4. The Time Rule

The task should be concluded in 40 minutes. There is no time limit for each of the four obstacles which are included in this task.
*** Tasks
1----(progressive group task)

This task falls in outdoor series of tasks. In this task a group of 8 to 0 candidates are required to cross 4 obstacles of hindrances or restrictions in 40 minutes as a whole group. In tackling these hindrances, the candidates have to attach much importance to bridge, lever and swing as well as the helping material which they have to carry while crossing obstacles. Group testing officer will explain the nature and rules of task in the beginning.

40 mins, 3 parts, 1st and 2nd part are the easiest one and 3rd impossible...
planks and drums and ropes ......just one thing to keep in mind......every thing red is out of bound.....and before
""starting progressive group task telling your group to make an idea gives good impression on GTO"""".

Think on wht you can do to make an impression?
**Helpful Hints for Progressive Group task....

In tackling the obstacles of "Progressive Group Task", there are as a matter of fact, three main principles which are involved. They are, lever, bridge and swing. The plank or planks that are employed as helping material can be used either in the form of a lever or bridge according to the circumstances. A rope should invariably be tied, as the case may be, to the remotest end of the lever or bridge. This is very essential because it becomes impossible for the candidates to get or pull back the plank once they crossed over.

## 2---(Half Group Task)

In Half Group Task candidates of a group who are, usually 8 to 10 are divided into two groups. In this task, each half group has to face only a single hindrance. They must carry the main material and the helping material with them, on crossing the obstacle to the other side of the obstacle.

## Example

Within the starting line and the finishing line, there are two wooden platform $Q$ and $R$ and a moveable drum $P$. The middle portion of the drum which is marked red, is out of bounds. There are also three small planks lying outside the starting line. The candidate should cross over from the starting line to the finishing line with the aid of those small planks.

3-----(Semi group task) same principle .....just he splits the group into 3 halfs....best oppurtunity to show your guts.......

4--- (command task)..........

In this task, each candidate in the group, is selected in turn as commander by the Group Testing Officer. The commander chooses three or four candidates as his assistants for tackling an obstacle. The commander will be successful in his task if possesses qualities of a leader. He should be very intelligent in the selection of his assistants, in imparting them proper brief instructions, in getting labor out of them and assisting them properly whenever required. The assistants of the commander should also strive for the success of their leader. All the way, they should carry out his orders with sincere spirit and loyalty. The main purpose of the Group Testing Officer in the performance of command task, is to assess the value of the candidate as a commander. He also gets a glimpse of the qualities of the assistants of the commander, The candidates should also prove themselves to be useful, sincere, and loyal subordinates.

The time allowed for the execution of the command task is usually 8 minutes.

Take initative to be commander like go first,stay in middle and come at the end... (He wont choose you if he has doubt in your abilities or if your are performing well, just to know you well)...
give your best..wht ever your commanders ask you to do ...do it immediately (even if he wants you to lift 40kg big drum) and if you think its wrong ask him Mr commander if its like this wht do you say? dont tell your commander your idea is stupid.....even if it is............. .....just give your suggestion. $\qquad$ .thats all. $\qquad$ ...one thing more listen well to GTO when he is explaning to you abt task....if you got wrong conveying your group wht he said you runied all of your hard work.......... Always take control on ur jawans..... dunt take them easy... look at them what they are going ?? are they talking or not ?? stop them.... with cool mind.... check the foul .....
being commander choose the best person for best work......stay in between your group ....guide them, help them, try to clear them first (if you managed to finish your task)..*** The candidate as a commander, must see that nobody stands idle.

He must give utmost importance to the items of planning, supervising and execution of the work.

He should select a place which can enable him supervise the work in a most efficient manner.

6---- (interview with GTO)
just general will ask you abt maths, can ask your weakest and strongest points.......general knowledge questions, islam, pakistan........
it happenes when GTO will call u for a Coomand task...

5(Final task). $\qquad$ .Final Group Task

In the series of Group Testing Officers' outdoor tasks, the "Final Group Task", is the last task. The time allowed in this task is usually 10 minutes but generally it is shortened by one or two minutes. As this task , once again is a task of group as whole, hence the qualities of team spirit, co-operation, initiative, proper planning, etc will count much.

## Example

In the following obstacle, the candidates are given a rope, a plank and a structure. It is also their duty to take wounded man on the structure. The red portion is out of bound in this task.
use that word which will the GTO use.. if he say Rope then say it rope there not rassiiiiiiiiiii ... ok
(flank=phatta, drum is drum, rassi=rope, jump, seeri=ladder) just that. $\qquad$ ..just kidding. $\qquad$ .its important tooo give your best short. $\qquad$ .acutally its like progressive task but THEY SEPERATED THEM BECAUSE in progressive task you dont knw each other so they want to know if you can work in new environment with new ppl and how you react and treat them whereas in final task you know your group well they want to check how you will work with ppl you know ..

6(Obstacles) $\qquad$
doesnt matter how much you do in 2 mins. $\qquad$ .they want to look you expression how $u$ do them $\qquad$ it doestn mean you couldnt do one and still they will select you....i mean number doesnt matter.......

## Individual Obstacles

It is the individual task of each candidate, where candidate has to face every obstacle or hindrance or restriction in his individual or personal manner. These obstacles are usually 10 in number which are to tackled by a candidate in a brief time of 3 minutes only.

1. Long jump.
2. Walking over inclined small wooden planks.
3. Crawling like a monkey.
4. Waking across parallel ropes.
5. Rope climbing
6. Passing through tyre.
7. Tarzan swing
8. Tarzan jump.
9. Crossing over horizontal plank.
10. Running over inclined plank. $\quad$ FB\maaz.anwar1

## 4)General Knowledge Test (G.K)

```
"Merits in the eys of Friends....or in ur own views
1 \text { Prayer on Time}
2 Obedient of Parents and elders
3 Pation ( Sabar karnay wala)
4 \text { Cool Minded}
5 \text { Help in Home chors}
6 \text { Good sens of Humour}
7 Positive Thinker
8 \text { Don't tell Secerats of any one}
9 Open Heart
10 Good Team Worker +
11 HARDWORKING.
12 LOVING AND CARING.
13 INTELLIGENT.
14 RESPONSIBLE AND LOYAL.
15 TOO MUCH SINCERE WITH MY WORK.
16 OBEDIENT,ENERGETIC.
1 7 \text { Disciplined.}
18 Respect and obey my elders.
19 Full of technical knowledg
Think About urself n Choose For U..
1. De-Merits in the eyes of Foe...
Reading books to very close to eyes
Strict
Waste Time on Net (internet, u can write Net Searching in hobbies and if they ask question what you do on
net do tell them.... They can ask wt u c on, You Tube etc)
Waste time is games
Rigid,inflaxible.
I does everything to proof myself.
I AM TOO MUCH unaware of MY HEALTH.
I AM NOT PUNCTUAL IN offering namaz.
PROCRASTINATING .
Curious.
Talkative.
speak loudly...
Miss ma prayers....meal etc... .......>
KHOOBIYAN:
mai apnay parents ka/ki farmanbardar hon.
mai dosron ki madad karta/kerti hon
mai khush ikhlaaq hon
har kaam mansooba bandi se karta/kerti hon
har achay kaam ma pahal karta/kerti hon
har kaam yaksooe se karta/kerti hon or ALLAH se kamyabi ki umeed rakhta/kerti hon
college rozana jata/jati hon ..
agar koe namaz parhta hy tu likhay ma }5\mathrm{ waqt namaz parhta/perhti hon
mai mahanti or zaheen hon.
lecture ghour se sunnta/ti hon
roz ka kamm roz karta/kerti hon.....etc >>
```


## KHAAMIYANN:

teez teez bolta/bolti hon chae (tea) bohat peeta/ti hon

1 he khail khailta/ti hon
khel nhi khelti $\qquad$
Teez teez khata/khati hon
news paper kam parhta/prhti hon.... (agar parhty ho then they will ask the name of newsppr n also about price,coloumns,edditire etc....kin kin cities s publish hota h...coloumns kn kn likhta h for tht newppr meray dost bohat ziada hain
tafri k mukamaat ma bohat kam jata/jti hon.
khaana time pa nhe khata/khati hon.

| 1. ome times I lie because $\qquad$ <br> 2. Life is $\qquad$ <br> 3. These days we have to $\qquad$ (struggling hard for our final exams) <br> 4. Some times I wish $\qquad$ <br> 5. Girls are $\qquad$ respectble creatures <br> 6. She said to me I $\qquad$ i am your new teacher. |  |
| :---: | :---: |
| It is not good......to swear./bet <br> After the death of $\qquad$ aurangzeb , the mughal empire disintegrated <br> A commando $\qquad$ is the protector of country <br> I am ready to $\qquad$ to give my life as a gift to my motherland, <br> These steps will clear $\qquad$ go a head for success. <br> Many young persons $\qquad$ <br> I can assure you $\qquad$ <br> Enjoy $\qquad$ <br> The red color $\qquad$ <br> His father $\qquad$ is very honest man <br> Do away with $\qquad$ <br> You will have to... ... <br> His habits are $\qquad$ his charactor <br> I appreciate $\qquad$ |  |
| We are in defense of $\qquad$ our motherland <br> Whenever I go there $\qquad$ <br> An honorable man $\qquad$ is always respcted in society <br> At the discretion of $\qquad$ <br> Try your best $\qquad$ to proud of his nation like Capt.Bilal Zafar(Shaheed). <br> When working together $\qquad$ we should cooperate wid each other Lend me your ears and $\qquad$ <br> The TV plays. $\qquad$ <br> Good health $\qquad$ .makr our body sound <br> In the end $\qquad$ our army defeated enemy <br> Do not speak $\qquad$ in front of elders <br> The law of land $\qquad$ should be obeyed |  |
| Nothing is impossible $\qquad$ <br> Let us all $\qquad$ <br> The soldier's first duty $\qquad$ <br> Suddenly our all the men. $\qquad$ <br> Suddenly our all the women $\qquad$ <br> If you like to. $\qquad$ <br> Obtain as much $\qquad$ <br> Girls are not only $\qquad$ for house job <br> The sun goes down $\qquad$ but the siprit of soldier is high Keep yourself $\qquad$ ready gor any trouble/work <br> When he is angry $\qquad$ <br> The problem can ... <br> Wait and see ... |  |


| Never do a thing .... without the name of Allah He is basically ...a strong man |  |
| :---: | :---: |
| His basic need ... <br> The woman kissed ... <br> Utilize your leisure ... <br> Nothing can force ... <br> America only needs ... <br> The reward of hard work ... <br> If someone tries to make a fool of you ... <br> Be careful about ... <br> She smiled and ... <br> The woman lifted her shirt ... <br> I am satisfied ... <br> He failed in ... <br> We reached ... |  |
| You can not succeed ... He has broken ... The way is long but ... He supported ... He did everything ... Follow the man ... Drinking and smoking ... One should adhere ... His greatest fear is ... You should take advantage ... The woman should ... |  |

## SENTECE COMPELETION


25. If you have nothing to do
26. In a short time $\qquad$
27. All my senses $\qquad$
28. I was surprised to know
29. I am very $\qquad$
30. On his way
31. Beautiful girls $\qquad$
32. They became so rich
33. My parents are $\qquad$
34. In my family $\qquad$
35. It take a great deal of courage to $\qquad$
36. He got a massage that $\qquad$
37. I my family $\qquad$
38. If seems as if $\qquad$
39. The person who $\qquad$
40. In my thoughts $\qquad$
41. He objected $\qquad$
42. At last I hope $\qquad$
43. Due to shame $\qquad$
44. It's not wise to $\qquad$
45. Almost every body has
46. Today we know
47. It's fairly easy $\qquad$
48. He wanted to say
49. In my student days
50. In his heart $\qquad$
51. He was always $\qquad$
52. If you allow me
53. He took a job because
54. It is always true that $\qquad$
55. It's cruel $\qquad$ he
56. Privately he $\qquad$
57. When working with people
58. I remember $\qquad$
59. His attitude towards subordinates
60. It is beyond my knowledge $\qquad$
61. He was very serious
62. His share of $\qquad$
63. He feels the need
64. I have often experienced $\qquad$
65. He was anxious to
66. I have yet to $\qquad$
67. He forget to $\qquad$
68. I have often been asked
69. His only worry
70. She is capable of $\qquad$
71. Happiness cant be $\qquad$
72. Wars can lead to $\qquad$
73. We might invite $\qquad$
$\qquad$
74. In the company of other
75. I can not tolerate $\qquad$
76. Music is
77. Young generation
78. The only fear $\qquad$
79. Behind his cool
$\qquad$
80. He spread the rumor that
81. He should not forget $\qquad$
82. He was very excited about
83. Due to his ill health $\qquad$
84. You may like
85. She say something but $\qquad$
86. I am glad $\qquad$
87. She was very tensed because


18) my fault is
19)i ws surpried to knw
20)his aim was $\qquad$
21)my brother $\qquad$
22)all my senses
23)he has to accpt tht
24)in a v short time_
25)aftr success he
26) if $u$ have nothng to do $\qquad$

1) whn he is free $\qquad$
2) whn im freee $\qquad$
3)i recognzd tht $\qquad$
4)he is needless to say_
5)he is poor but
6)he palns to
3) until you appologize_
8)he fel sorry bcz
9)it $z$ painfull
$\qquad$
10)he is considrd to $b$ $\qquad$
11)she slvd th prblm bcz_
12)i am hvng troubl $\qquad$
13)in his dream $\qquad$
14)aftr dream
15)he got up at mid night__
16)to shave his skinn he $\qquad$
17)he hates to
18)he needed hlp bcz
19)i feel a lill hurt
20)he missed
21)the result of ths cnflict
22)at the last time $\qquad$
23)as last resort $\qquad$
24)i feel bad
25)you should remembr_ $\qquad$
26)never ever judge $\qquad$
1)Aj kal k Dost $\qquad$
4) us ny hartal m_
5) us $k$ sary rishtadar _ar_
4)achi sohbat $\qquad$
6) mjhy ilam $h$ $\qquad$
7) college $k$ larko ny
7)us kdushamn $\qquad$
8)dunya ka yehi dastor $h$ $\qquad$
9)ye us ki khosh qismati h k $\qquad$
10)larko $k$ liye zarori nhi $\qquad$
$\qquad$
11)lerkion k liye zarori nhi h k
12)lako $k$ liye zarori h $\qquad$
13)lerkion $k$ liye zarori $h k$
14)lerki ko dekh kr $\qquad$
15)aj sbh hi mjhy $\qquad$
16)kal rat $\qquad$
17)bary log_
18)afsar banty hi $\qquad$
19)thokr kha kr $\qquad$
8) pakistani orat k liye $\qquad$
9) jangle $k$ andr s guzrty hue_
22)sarrk k dono kinaro pr $\qquad$
23)koi janta k
24)walid ki qafat $k$ sth $\qquad$
25)wo asa shaks $h$
26)mra dost wo h jo

If I feel ...
You have to ...
Soldiers are always ...
An honest person ...
If you devote ...
In my daily life ...
The intelligent girl ...
Pakistan army ...
Our police ...
In our village ...
His basic duty is ...
Let us march ...
Do you think ...
It is a good idea to ...
During my spare ...
Our team ...
Which people are ...
Regularity ...
Computer knowledge ...
All Americans ...
Most of us ...
Character building ...
Devoted people ...
If I get a chance ...
Our neighbours ...
He goes to internet and ...
She spotted her cousin wearing ...
Those who work ...
If I feel ...
You have to ...
Soldiers are always ...
An honest person ...
If you devote ...
In my daily life ...
The intelligent girl ...
Pakistan army ...
Our police ...
In our village ...
His basic duty is ...
Let us march ...
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During my spare ...
Our team ...
Which people are ...
Regularity ...
Computer knowledge ...
All Americans ...
Most of us ...
Character building ...
Devoted people ...
If I get a chance ...
Our neighbours ...
He goes to internet and ...
She spotted her cousin wearing ...
1)haseen lerkiyan
2)sapahi dophr k wqt $\qquad$
3)dushman hmri sarhado pr
4)us ny sathi ka sth $\qquad$
5)izat dar log $\qquad$
6) ghareeb log__
7)aj ka sudhman $\qquad$
8)india hmra
9)wo mjh s milkr
10)mri to khuwahish $h \mathrm{k}$ $\qquad$
11)khao peo
12) $m$ sham $k$ badd
13)m aksr
14)mri sari mushkilat $\qquad$
15) m jb udas hta hn to
16)aksr mushkil wqt m $\qquad$
17)tanhai m $\qquad$
18) mushkilat too
19)us ny chaqo othya or $\qquad$
20)chok k kareeb $\qquad$
21)mra sb s bra dushmn $\qquad$
22)pakistan $k$ dushman $\qquad$
23)hmra sab s bra dushman
24)hmary mulk m msla yh h k__
25)apna kam $\qquad$
26)mojbor ho kr_ $\qquad$

1) wo ghr s nikla hi tha $\qquad$
2)wo kon htah $\qquad$
2) $m$ ny apna haq
4)wo agy brha or $\qquad$
5)wo agy prhny m
6)rat guzr gai $\qquad$
7)afsos ki bat to yh h k
8)afsos is bat ka h
9)mry dukh m $\qquad$
10)m aksr $\qquad$
11)aksr walden
12)m app $k$ $\qquad$
3) m nhi kh skta
14)mj m khami yh h k
15)mri bari khrabi yh h k___
4) m app k sth_
17)aj kal $\qquad$
18)m ne is liye inkar kya $k$
19)mry walden
5) ghusy ki halt m
21)m ghusy $m$ $\qquad$
22)mra bhai $\qquad$
23)mra chota bhai $\qquad$
24)m ny apna haq $\qquad$
25)mri zndagi m_
26)us ki nasiht $\qquad$
1)kon khta h___
2)khoshamd $s$ kam nikalny $k$ liye
3)zndagi ki jadojhd m_
6) m nhi chahta $k$ $\qquad$
5)loha grm ho to $\qquad$
6)asho ishrat
7)achi zndagi m
8)achy log wo hn jo
7) dosron $k$ faide__
8) usy koi muaf nhi kry ga__
3)mushkil wqt $m$ $\qquad$
4)koi bhi mulk
5)mra asol yh h k
9) pakistan ki bnyad__
10) apna hr kam
8)hmn chiye $k$
9)hr wqt prhna $\qquad$
10)us k bhai $\qquad$
11)us ki soch
$\qquad$
11) wo soch rha h k_
13)us ny tang akr $\qquad$
14)mushkil m wo $\qquad$
15)dosrn ki kamyabi___
16)wo taraqi krty
17)shohrt k liye $\qquad$
18)mjhy khoshi h k__
19)mri nzr m $\qquad$
20)jb charn trf $\qquad$
21)dostn ny $\qquad$
12) us k dost $\qquad$
23)bimari m mubtla ho kr $\qquad$ rat
24)drany wlu khawabo khyalat
25)nakami ki hlat m__
26)uska zamir_
1)mry sary dost
2)wqt aey ga to $\qquad$
13) orat ko chiye $\qquad$
4)ilam ka faida $\qquad$
14) ustad wo h $\qquad$ -
6)hamri qom_
7)jis ny himt ki
8)wo imandar hh mgr kabhi kbhi $\qquad$
9)chor ny $\qquad$
10)azadi ka ik dn $\qquad$
11)azadi k liye
12)azad mulk $\qquad$
13)jb musibt i
15) us k hath m choko dekh kr
15)wo asa Irka h k $\qquad$
16)agr muqa mila to___
17)hr dosra qdm
18)wo rfta rfta_
19)mazhbi taleem
20)asli pakistani wo h jo $\qquad$
21)mri koshish yh h k $\qquad$ -
22)mjhy un logo s nfrt h jo___
16) us $k$ doshmn
24)hosla afzai $k$ liye__
24)mry tamam
25)taqt k nashy m__
26)haq talfi hny k bad $\qquad$
1)qurbani dny $k$ liye $\qquad$
2)socha to yh tha k
3)dolat kmany ki khatr_
4)insaniyt k liye_
5)Irki ka hth pkrty hi us ny $\qquad$
6)bus m sfr krna
7)haq talfii $\qquad$ __
8)pakistan m


| 18)manzil pany k liye | 17)logo pr rooab dalny k liye |
| :---: | :---: |
| 19)us ny apny dost ko targheeb di k | 18)mann s dr kr |
| 20)m jan na cahhta hn k | 19)man s dant kha kr |
| 21)mry waldeen mjh s | 20)rat ko akely ghr m |
| 22)mehmano $k$ any $p$ | 21)jb m udas hta hn |
| 23)mhnt krny k bawajod | 22)chlty chlty thak jny pr |
| 24)wo aj kal | 23)jb m udas hta hn___ |
| 25) mri walda | 24)bazhr to hnsta rhta h mgr |
| 26)mry khyal m | 25)us ny nimz to prh li mgr |
|  | 26)us ny roza to rkh lya mgr |

## PICTURE STORIES

1. A person with a lamp in his left hand in jungle.
2. A lady offering money to a boy.
3. A young boy and a young girl sitting on a beach In a garden and girl is holding her forehead with he right hand.
4. A man at work shop is working in a car.
5. People are standing near the truck parked in the middle of road.
6. A true sports man jumping.
7. A lady is laying in bed and 4 boys are standing around her.
8. A man standing before a grave yard.
9. A boy is going on a scooter and a girl is signaling him to stop.
10. A young boy is diving in the river and a young girl us looking at him.
11. A boy want to go but a girl is holding his arm.
12. A notice broad of unemployment.
more picture stories. ..!!!
*When they showed a girl lying upside down on bed...
*When they will show a person among destroyed houses...

* ek admi ache dress me jo afsurda lag ra hai or koi peche se us ke kandhe pakar ra hai"
*one woman is peeping into the room by opening half door. The room looked a study room, having books in wall cabin, while there is a lamp on the table
*a soldier is standing $\qquad$
* ik Irka brtha h ro rha h $\qquad$
*ik Irki ro rhi h or man chop kr wa rhi h $\qquad$
*two persons sitting close to each other in such manner that one is saying to other person and other is listening secretly and carefully
* Awoman sitting by turning aside her chair to the boy (in opposite direction) who is standing near her, having gloomy facial expression........the guy looked very nice and well-dressed having pencil in his hand too.
*Ascene of the field where a boy standing with a horse, a girl standing at some distance while other girl having books in her hand looking behind for a while as she going somewhere.


## POINTER STORIES.

1. Their relations were very good but suddenly
2. She was all alone in her room suddenly
3. Her life was glamors till. $\qquad$
4. The relation took new turn when
5. He could not stand firm because.
6. Ali was sitting with his friends suddenly.
7. He was unable to bear the expenses of his family than he. $\qquad$
8. In a dark stormy night she was all alone in her home suddenly. $\qquad$
9. In the dark when enemy advanced
10. He joined services to earn money but when he become leader of man.....
11. He was very hard worker but fail to fulfill his expenses so he. $\qquad$
12. On his youth Ahmad wanted to. $\qquad$
$\qquad$
13. Because of his youth he $\qquad$
14. She was standing on a lonely road suddenly she. $\qquad$
15. He wanted to become a rich man but when he become a leader of men he.......
16. AMJAD feels his youth and he wants to provide of. $\qquad$
17. He decide to join Army for money but. $\qquad$
18. Zahoor was poor boy one day he. $\qquad$
19. Their relation take a new turn when.
denly.
20. Friends were sitting in around sudde
21. When he saw her in trouble than he $\qquad$
more Pointer Stories..
*she was standng alone on the road but suddnly $\qquad$ pointr h
*thy were frnds nd were siting toghhtrr but suddenIIIIIIIIlyy...!!!
*on seeing a lonely girl on the road,, he. $\qquad$
*her life was glamourss till $\qquad$
*he ws $v$ hrdwrkr but did nt afoord the expensive of his family,, so he $\qquad$
*whn he sww her in trouble $\qquad$
*he couldnt stand firm bcoz $\qquad$
*he wrkd $v$ hard but $\qquad$
*on his youth ALi wntd to $\qquad$
*he wnts 2 become rich but whn bwcome a leadrrr of men ,he $\qquad$
*Amjad feels his youth nd wnts to provd of $\qquad$
*he decided to join army fr money but $\qquad$

* The Enemy was Strong but..
*ali ws a poor boy 1 day ,he $\qquad$
*thier relation took a new turn whn
*thir relation were v gdd but suddenlyy


## Story writing Tips

1. Take a while to actually think of a story before stating to write. 5 to 10 sec are enough if you have practiced at your home. Those who dont practice sit idle for 30 sec but still cant come up with a plot for the story. "Practice makes a man perfect".
2. Do not write childish stories like " She was w...alking alone on a road at night when all of a sudden..... a lion came before her and she started screaming then superman came for her rescue" Try to make a little bit practical stories
3. I personally find sentence story more difficult then picture story. Because in picture story u can carve out anything..
4. In case of picture story you need to look at the picture, think of something relating to the situation. try to include each and every character in the picture and the surroundings.
5. Usually the following sequence is adopted... first 23 lines give an introduction of the main character and PAST. 23 lines tell about the PRESENT and what is happening in the picture and the last 23 lines tell about some positive future happening from this scene.
6. You would have to write 5 to 6 stories in total, Do not include Army in all the stories. At max include army/navy /airforce in 3 stories.
7. Try to include something of your past in the stories, to make them more real.
8. Try to avoid accidents, tragedy, death,flood,terrorism in the stories..

## (MAT) WORDS FOR WORD ASSOCIATION TEST:

| 1. Accept-my heartiest congratulations on ur success | 1) Defend.. <br> 2) Country.. |
| :---: | :---: |
| 2. work-our motto should be work,work and work | 3) Games.. |
| 3. Atom-is the fundamental particle in this | 4) Cinema.. |
| universe | 5) Time.. |
| 4. Country-I love my country | 6) key.. |
| 5. Army-I love to be in Army profession | 7) discipline.. |
| 6. Step-I take my every step after a lot of thinking | 8) Team.. |
| 7. Company-I like my friend's company | 9) Spirit.. |
| 8. Love-is an essence of being | 10) Death.. |
| 9. Duty-I perform my duty honestly | 11)precious.. |
| 10. Girl-now-a-days girls are competing boys in | 12)Rain.. |
| many feild | 13)Football.. |
| 11. Eat-we should eat our food at proper timings | 14)swimm.. |
| 12. Decide- | 15)Rain.. |
| 13. Beat | 16)Drink.. |
| 14. Fight | 17)leader.. |
| 15. Lie | 18)solve.. |
| 16. Give | 19)Fresh.. |
| 17. Enjoy | ...20)Bravely.. |
| 18. Bright | 21)company.. |
| 19. Careful | 22)Water.. |
| 20. success | 23)lead.. |
| 21. Trust | 24)issue.. |
| 22. Solve | 25)Respect.. |
| 23. Story | 26)Islam.. |
| 24. Break | 27)Kashmir.. |
| 25. Fear | 28)Pakistan.. |
| 26. Defeat | 29)Elders.. |
| 27. Enemy | 30)Sex.. |
| 28. Garden | 31)MAle.. |
| 29. Faith | 32)Woman.. |
| 30. Help | 33)Female.. |
| 31. Cinema | 34)MAle.. |
| 32. Money | 35)wear.. |
| 33. Peace | 36)Child.. |
| 34. Fine | 37)Noble.. |
| 35. Daley | 38)Father.. |
| 36. character | 39)Mother.. |
| 37. travel | 40)Clothes.. |
| 38. Money | 41)Blessing.. |
| 39. Peace | 42)Dear.. |
| 40. Fine | 43)cold.. |
| 41. delay | 44)Mistake.. |
| 42. Travel | 45)Music.. |
| 43. Ghost | 46)Home.. |
| 44. Respect | 47)co-operate.. |
| 45. Duty | 48)Peace.. |
| 46. Life | 49)Poor.. |
| 47. Poor | 50)Bright.. |
| 48. Use | 51)hobby.. |
| 49. Climb | 52)Future.. |
| 50. Problem | 53)Blood.. |
| 51. Attempt | 54)charactor.. |
| 52. Happy | 55)cut.. |
| 53. Books | 56)Bat beating.. |
| 54. Rest | 57)Ghost.. |
| 55. Short | 58)Garden.. |
| 56. Design | 59)Faith.. |
| 57. Co-operative | 60)Injustice.. |
| 58. Discipline | 61)knife.. |
| 59. Pain | 62)health.. |
| 60. Plan | 63)group.. |
| 61. Step | 64)bread.. |
| 62. Climb | 65)Rest.. |
| 63. Life | 66)Honesty.. |
| 64. Win | 67)rest.. |


| 65. Honesty | 68)nature.. |
| :---: | :---: |
| 66. Machine | 69)good.. |
| 67. Afraid | 70)REligion.. |
| 68. Lead | 71)bad.. |
| 69. Think | 72)Islam.. |
| 70. Hobby | 73)Hessitate.. |
| 71. Obtain | 74)trouble.. |
| 72. Idea | 75)Soldier.. |
| 73. Religion | 76)Flag.. |
| 74. Morality | 77)Brave.. |
| 75. Innovation | 78)Punctual.. |
| 76. Beat | 79)service.. |
| 77. Punctuality | 80)WIsh.. |
| 78. Continuous | 81)punctuality.. |
| 79. Protect | 82)officer.. |
| 80. Task | 83)office.. |
| 81. Slip | 84)Paly Ground.. |
| 82. Drop | 85)Greenery.. |
| 83. Snake | 86)Hate.. |
| 84. Award | 87)Power.. |
| 85. Achieve | 88)Love.. |
| 86. Assist | 89)City.. |
| 87. Action | 90)Fear.. |
| 88. Agree | 91)REgular.. |
| 89. Avoid | 92)Sky.. |
| 90. Alone | 93)Out side.. |
| 91. Ambition | 94)Star.. |
| 92. Appeal | 95)Happy.. |
| 93. Air | 96)Sarrow.. |
| 94. Arrived | 97)Rain.. |
| 95. Bad | 98)High.. |
| 96. Blood | 99)Moon.. |
| 97. Book | 100)Sword.. |
| 98. Beautiful | 101)Wisdome.. |
| 99. Cut | 102)GIft.. |
| 100. Copy | 103)care.. |
| 101. Attack | 104)book.. |
| 102. Home | 105)Family.. |
| 103. Afraid | 106)Courage.. |
| 104. Home | 107)Dear.. |
| 105. Able | 108)Poppulation.. |
| 106. Excuse | 109)Problem.. |
| 107. Luck | 110)Face.. |
| 108. Knife | 111)REscue.. |
| 109. Encourage | 112)Face.. |
| 110. Danger | 113)Fortune.. |
| 111. Family | 114)Failoure.. |
| 112. Officer | 115)Effort.. |
| 113. Agree | 116)TEacher.. |
| 114. Sad | 117)Favour.. |
| 115. Soldier | 118)Obedienty.. |
| 116. Can not | 119)Beautifull.. |
| 117. Drink | 120)Sweet.. |
| 118. Begin | 121)Fight.. |
| 119. Holiday | 122)Creator.. |
| 120. Discipline | 123)Bribary.. |
| 121. Playground | 124)Crime.. |
| 122. Fellow | 125)Glass.. |
| 123. Dictatorship | 126)Creation.. |
| 124. Save | 127)Eagle.. |
| 125. Sick | 128)FLy.. |
| 126. War | 129)Quality.. |
| 127. Alone | 130)Night.. |
| 128. Father | 131)Aim.. |
| 129. System | 132)Long.. |
| 130. Make | 133)Friend.. |
| 131. Work | 134)BLind.. |
| 132. Difficulty | 135)Flower.. |
| 133. Health | 136)Pious.. |
| 134. Impossible | 137)sincere.. |
| 135. Lonely | 138)Honest.. |
| 136. Affection | 139)Servan.. |
| 137. Sympathy | 140)Mid Night.. |
| 138. Company | 141)intelligent.. |


| 139. Courage | 142)НОре.. |
| :---: | :---: |
| 140. Meet | 143)Hero.. |
| 141. Secure | 144)Mind.. |
| 142. Responsibility | 145)Newspaper.. |
| 143. Love | 146)MAchine.. |
| 144. Sports | 147)Age.. |
| 145. Responsible | 148)Succide.. |
| 146. Tried | 149)Active.. |
| 147. Boat | 150)Commite.. |
| 148. Failure | 151)Humble.. |
| 149. Science | 152)Pride.. |
| 150. Peace | 153)Beliefe.. |
| 151. Sky | 154)Smell.. |
| 152. Goal | 155)Rose.. |
| 153. Busy | 156)Knowledge.. |
| 154. Mother | 157)Body.. |
| 155. Save | 158)Win.. |
| 156. Urge | 159)Mobile Phone.. |
| 157. False | 160)Proude.. |
| 158. Knowledge |  |
| 159. Sleep | 161)Accept |
| 160. Unfair | 162)Purposal |
| 161. Sister | 163)Life |
| 162. Can not | 164)Defeate |
| 163. Project | 165)Luck |
| 164. Regular | 166)Careful |
| 165. Advantage | 167)Action |
| 166. Climb | 168)Sick |
| 167. Now | 169)CArrier |
| 168. Tie | 170)Project |
| 169. Flow | 171)Rick |
| 170. Light | 172)Worry |
| 171. Pressure | 173)Peace |
| 172. Dig | 174)Ghost |
| 173. Sink | 175)Attack |
| 174. Co-operative | 176)Danger |
| 175. Change | 177)Dangerous |
| 176. Coward | 178)Adraid |
| 177. Decide | 179)War |
| 178. Rest | 180)Alone |
| 179. Avoid | 181)Beat |
| 180. Shine | 182)Break |
| 181. Rummer | 183)Duty |
| 182. Humble | 184)Decide |
| 183. Defender | 185)Tired |
| 184. Time | 186)difficulty |
| 185. Easy | 187)follow |
| 186. Take | 188)Fever |
| 187. Natural | 189)Genuine |
| 188. Talk | 190)Foriegn |
| 189. Revenge | 191)Annoy |
| 190. Serious | 192)Strict |
| 191. Shine | 193)Admire |
| 192. Democracy | 194)Comple |
| 193. Award | 195)Persuade |
| 194. Withdraw | 196)Manner |
| 195. Defeat | 197)Shok |
| 196. Snake | 198)Over come |
| 197. Music | 199)Custom |
| 198. Army | 200)Shine |
| 199. Use | 201)Protect |
| 200. Help | 202)Morality |
| 201. Interest | 203)Greed |
| 202. Fast | 204)Scene |
| 203. Train | 205)Impart |
| 204. Train | 206)With Draw |
| 205. Reaction | 207)Survive |
| 206. Health | 208)Space |
| 207. Reaction | 209)Design |
| 208. Fortune | 210)Relieve |
| 209. Merry | 211)Fault |
| 210. Find | 212)Confuse |
| 211. Differ | 213)Affirm |
| 212. Light | 214)Denoy |


| 213. Victory | 215)Arest |
| :---: | :---: |
| 214. Trail | 216)jail |
| 215. Marching | 217)Presist |
| 216. Lose | 217)Organise |
| 217. Meet | 218)Hesitate |
| 218. Simple | 219)Present |
| 219. Rent | 220)Insist |
| 220. Jump | 221)Strike |
| 221. Secret | 222)Moral |
| 222. Hate | 223)Continue |
| 223. Pretest | 224)Past |
| 224. Fond | 224)Differ |
| 225. Sacrifice | 225)Improve |
| 226. Disagree | 226)Misfortune |
| 227. Misfortune | 227)Misguide |
| 228. Choose | 228)REform |
| 229. Genuine | 229)Precaution |
| 230. Pick | 230)Attentive |
| 231. Efficiency | 231)Explain |
| 232. Childhood | 232)Guide |
| 233. Death | 233)Release |
| 234. Brace | 234)Revise |
| 235. War | 235)Assist |
| 236. Foreign | 236)Define |
| 237. Admire | 237)climb |
| 238. Advice | 238)Delay |
| 239. Coward | 239)Definition |
| 240. Shoot | 240)short |
| 241. Unable | 241)Meet |
| 242. Puzzle | 242)Atraction |
| 243. Criticism | 243)Fellow |
| 244. Keen | 244)Attention |
| 245. Organization | 245)Give |
| 246. Progress | 246)foot |
| 247. Confuse | 247)Save |
| 248. Begin | 247)long |
| 249. Adopt | 248)Trade |
| 250. Loyal | 249)Border |
| 251. Pleasure | 250)Award |
| 252. Stop | 251)Begin |
| 253. Struggle | 252)Reward |
| 254. Gallant | 253)snake |
| 255. Insist | 254)Truth |
| 256. Life | 255)lie |
| 257. Football | 256)Journey |
| 258. Punish | 257)Excuse |
| 259. Worry | 258)Device |
| 260. Provide | 259)Battle |
| 261. Society | 260)Government |
| 262. Need | 261)Confident |
| 263. Job | 262)Motivation |
| 264. Color | 263)Judiciary |
| 265. Bright | 264)Education |
| 266. King | 265)Police |
| 267. Sex | 266)Training |
| 268. Bold | 267)Bless |
| 269. Leader | 268)Smoking |
| 270. Sincere | 269)Sink |
| 271. Will | 270)Navy |
| 272. Education | 271)Entertainment |
| 273. Risk | 272)Private |
| 274. Run | 273)Computer |
| 275. Wife | 274)Compulsory |
| 276. Note | 275)History |
| 277. Keep | 276)Army |
| 278. Follow | 277)Reformer |
| 279. Fever | 278)Participate |
| 280. Hope | 279)Rumour |
| 281. Overcome | 280)Friend |
| 282. Reform | 281)Boat |
| 283. Fair | 282)Degree |
| 284. Haste | 283)Hospital |
| 285. Strange | 284)Pity |
| 286. Blunt | 285)Nature |


| 287. Annoy | 286)Preety |
| :---: | :---: |
| 288. Wisdom | 287)Character |
| 289. Persuade | 288)Slect |
| 290. Zeal | 289)Trumble |
| 291. Compel | 290)Able |
| 292. Service | 291)trouble |
| 293. Injustice | 292)keen |
| 294. Possible | 293)Dislike |
| 295. Future | 294)Married |
| 296. Old | 295)Nervous |
| 297. Weak | 296)Adopt |
| 298. Strength | 297)station |
| 299. Suicide | 298)train |
| 300. Win | 299)Murdur |
|  | 300)Trial |
|  | 301)Merry |
|  | 302)unable |
|  | 303)Marry |
|  | 305)Relation |
|  | 306)stop |
|  | 307)Religious |
|  | 308)Year |
| >>>>>>B Bottoms r right sided items: | 309)Failure |
| 365)Travel | 310)Shame |
| 366)Complex | 311)smester |
| 367)Displeasure | 312)control |
| 368)Jug | 313)harmful |
| 369)Impossible | 314)parents |
| 370)Advice | 315)Crime |
| 373)Gesture | 316)Relegate |
| 374)pleasure | 317)Neglect |
| 375)Gutess | 318)further |
| 376)Haste | 319)seprate |
| 377)wound | 320)benefit |
| 378)weep | 321)Aimless |
| 379)Evil | 322)Shameful |
| 380)Waste | 323)sens |
| 381)Kill | 324)East |
| 382)harsh | 325)Asia |
| 383)steal | 326)doctor |
| 384)Maternal | 327)Buy |
| 385)Ugly | 328)Fair |
| 386)weap | 329)West |
| 387)Legal | 330)Europe |
| 388)Temper | 331)Hoby |
| 389)Scare | 332)unfair |
| 390)hunger | 333)Wiat |
| 391)loose | 334)Sleep |
| 392)Punishment | 335)change |
| 393)Close | 336)Weapon |
| 394)Engery | 337)Idea |
| 395)illegal | 338)Prepare |
| 396)Greet | 339)YOung |
| 397)Partnr | 340)Field |
| 398)Alert | 341)Drop |
| 399)sight | 342)Hurt |
| 400)Enger | 343)abuse |
| 401)Sight | 344)jump |
| 402)Edge | 345)struggle |
| 403)wood | 346)vain |
| 404)Sin | 346)Absolute |
| 405)talent | 347)Mind |
| 406)expect | 348)Value |
| 407)discourage | 348)Heart |
| 408)Ruled | 349)Prejudice |
| 409)Box | 350)Victory |
| 410)Result | 351)challenge |
| 411)Examine | 352)Attempt |
| 412)Darkness | 353)Pleasure |
| 413)Martyer | 354)Gallant |
| 414)embres | 355)shout |
| 415)trafic | 356)Gossipe |
| 416)target | 357)Voice |
| 417)job | 358)claim |


| 418)house | 359)compalin |
| :--- | :--- |
| 419)Achieve | 360)pick |
| 420)Ready | 361)possible |
| 421)Basic | 361)whisperCaptain |
| 422)strong | 362)compel |
| 423)basically | 363)Arrange |
| 424)Goal | 364)iniative |
| 425)secret |  |

## Bio Data Form Filling:

Questions Related To Your Bio-Data From ISSB Form Which You Will Filled On First Day Of ISSB.
It will be filled at very First day.... for 4 times.... 1 will goes to deputy president, who will take your interview too... more than $70 \%$ Qs will $b$ asked from this form... this form will be in front of him at the time of interview.... 2nd form will $b$ same ,tou urself will fill in it n 3 rd too.. those will b given to GTO n Psychologist as well..

Your Name Meaning,
...Your Father Qualification,

Your Rank Among Your siblings,
Your Qualification And Marks, Year

Your Age,

Your Height , Weight,

What do you do Now a days.?

Questions Related To Your Academic Qualification,

Questions Related To Your Hobbies,

Questions Related To Your Task And Performance,

Questions Related To Your Islamiat,

Surah Hudabia

Fateh Makka

Ghussal Ka Farahiz,

Wazu K Farahiz,

How many sons/Wives Of Prophet(P.B.U.H)

Biggest Surah Of Quran,

Shortest Surah Of Quran,

Total rukus, Sajde , etc

Ayat-ul-Kursi, Dua-Qanoot

Battles Jang -e Badar etc Remeber Strength of Muslims In All battles, And their Year.

Questions Related To Forces,
group Captain is equal to which Rank Of Army,

Motive Of Army, PAF, Navy

Cheif Joint of Army Staff Name

How many People Got Nishan-e Haider And Last person mae who got this award

Question Related Your emotions, And Feelings,
If you didnt selected then what will you do..??

Questions Related To General Knowledge
Pakistan K North, east, West, South mai Konsa Country hah,
foreign Minister Of China, Japan, India, Pakistan, America
Nigeria, America, Japan, China, England, Srilanka Capital,

Pakistan Highest And Shortest Things, Like Highest Mountain, Shortest Dam, etc,
Cm names Of All 5 Provinces of Pakistan,

Cm name of kashmir,

What is GT Road And Who made it..

Questions Related To english,

Parts Of Speech,
Transalate into english,
woh tumhara kia lagta hah,
mai ne us se aek letter likhwaya,
kal raat se bht taez Barish horahe hah

Jiski Lathi uski Bhens

Woh Zaroor Yahan Ahna Chahta hah

Questions Related To Abbreviations,
CSS, KKH , UNICEF, NNHCR , SUPARCO, UNESCO

Questions Related To Quick maths,
If U got 200,000 Rupees what will $u$ do for Those 200,000 Rupees.?

If a Shirt is of 50 and Your Shop is of Your Relative he gave u $15 \%$ discount then on what Price will $u$ buy that After $15 \%$ discount..?

## 0.5/0.005

What is $35 \%$ of 450.?

What is $22 \%$ of $90 . ?$
$8+5 / 3=$ ?
$9-4 * 3 / 5=$ ?

If 12 Eggs are of 9 Rupees then 5 Rupees $k$ Kitne hounge..?

If Plane is going with 90km/hour Speed then in 35 Mint how mUch distance will it covered..?

Questions Related To Your Self Analysis,

BoyFriends,

Girlfriends,

Sex etc.....

Why Do you Want To Join PAF/Army/Navy..........???

First Impressions

Most people make an initial opinion of a stranger within the first five minutes of meeting them. According to research candidiates' impressions are made up of the following:

Body Language and image (70\%)

Tone of voice (20\%)

What you say (10\%)

As soon as you enter the building you need to be polite to everyone you meet. You need to remain calm and confident, give a firm handshake, and remember to make eye contact. You need to put both yourself and the interviewer at ease by being down-to-earth whilst remaining business-like, it is often quite a good idea to have a few conversation openers, especially if the interviewer takes you to the interview room, it helps break the silence..

Interview Techniques

The interview is not only a chance for the interviewer to assess if you are the right person for the job, but it is also an opportunity for you to see if the forces are suitable for you.

During the interview you need to look for opportunities to be proactive and ask your own questions or try to lead the discussion where appropriate. Questions should reflect your keenness to work for the Forces...

Keep your concentration levels up during the interview and make sure you listen to the responses the interviewer gives you. The worst mistakes happen when people end up asking questions about topics that have already been covered, or don't hear or understand what the interviewer has said.

Key points:

Make sure you give the interviewer your full attention

Wait for them to finish speaking, before you answer the question

Make sure you ask open questions, to ensure you get full answers

Check you understand everything that has been said

What are your biggest accomplishments? This should be job related, and is a chance to show your competency

Where do you see yourself in five years time?
Points you need to remember:

Smiling is a good positive signal, as it reaffirms your good nature

Maintain eye contact

Relax do not rush or fidget

Mirror the interviewers techniques, if they laugh, laugh with them

Maintain an alert position, sit up straight, don't slump, but be comfortable

Always have a confident and honest attitude.
I.Q at ISSB and also Initial Center will be like these..

1- Which comes next in serries..
E GH JKL NOP ?

2- Which number comes next?

12457 ?

3 - if a boy can run 2 feet in $1 / 10$ second,how many feet can be run in 10 seconds.??

4- HPPINESS is to 415537299 as SHAPE is to.?
a) 59172 b) 94157 c) 94152 d) 49152

5- BIG means is the opposite of:
small high tall place large

6-seeing is to picture as hearing is to ?
ear song deaf clear art sight

7- Flat means the same as :
inclined Level Uneven straight oblique

8 - which letter comes next in the following series?

KLMNO LMNO MNO NO ?

9- which number comes next?

1535557595 ?
10- Add the following numbers and divide the total by the height number ?
$254786=$ final ans ?

11- if yesterday was wednesday tomorrow will be....

Thursday Monday Firday Thuersday Sunday

12- fined the ans

LMNO TUVW BCDE JKLM ??

13- Fined the ans

XZBD JLNP VXZB ??

14- clear is to Dim neat is to...??

15- Industrious means the same as ...
busy hard working happy over worked energatic

16- IRON is to heavy as FEATHER is to
white Fly Light bird

17- Gift means the same as :

Buy toy birth joy Parcel Present

18-what will be the third angle of a triangle whose two angles are 30 n 90 degrees?

19-which comes next :
$\begin{array}{lllll}130 & 118 & 107 & 97 & 88\end{array}$ ?

20- wheel is to bicycle as leg is to ..
week body foot table feet

21- in a schhol out of 200 teachers $45 \%$ are more than 50 years old, and $65 \%$ are married are there any who are unmarried and below 50 years?
yes no cantsay

22- All the rivers has.
banks storm town bridge fish

23-point out the odd one out

August october november eptember

24- which is smaller even number of 4 digit..

9999100011110000
$25-A B D$ is to CBA as QRT is to ?

RQS RSP QRP SRQ

26- what do $u$ find once in a year but twice in a week ?

27- Train is to track as bus is to?

28 - if 8 man out of 10 are bald how many out of 1000 are not bald?

29-Arrival is the opposite of.?

6 is to $F$ as 11 is to ?

30- which comes next if
$\begin{array}{lllll}1 & 2 & 6 & 12 & 36\end{array}$ ??

31- Aslam is four times as old as Ali , if d sum of thier ages is 60 years how old is Ali??

32-If $1 / 8$ of a number is 6 , what is the number..??
$33-$ which is prime number?
$\begin{array}{llll}7 & 8 & 16 & 12\end{array}$

34- tell , $32 \%$ of 25 is ???

35-41) which is difrnt ?

PQO KJL SRT UVW FEG

MNO STW XYZ EFG BCD

LMN UUVW CCDE GGHI RRRS
tobacco pipe cigrate cigar
stationary Eraser pen paper

Hard Stiff unbending flexible

## Tips For Psych Test:

Suggestion for those who are going for ISSB.......do practice for your writting test...specially the physo test and one thing they call SELECTION DOZIER FILE in which you get time based question ...they will show you a word for 6 to $7 \sec$ (but they say we will give u 10 seconds ,but they will give u 6 to 7 seconds remember it ).you have to write one complete sentence...and there will be 100 words for example

Love= I love my country (can be your response)
be careful $70 \%$ of your interview is from this.write wht you are or you have practiced...........just to manage your time and to get idea how to write good sentences....

2nd thing you get in the selection dozier file are...Picture stories.. they show you 4 pictures and you have to write a story on every picture in 4 mins I mean they will show u pic for 30 seconds... u have to write it in 3 minutes $n 30$ seconds).....good idea is to write on army, social work, your profession, key issues like kashmir, or regarding pakistan. and dont forget to write using STAR technique (SITUATION, TASK, ACTION, RESULT )

Start with any supposing name ..... should be 4 things in story , which will show your character......
-Aim
-Ability
-Reward at the end

After completing this you have to write 2 Pointer Story same timing....
she was alone in her house then all of the sudden. $\qquad$ (you have to make and write a story on this) just an example.....

Remember don't try to cheat or be oversmart.

There are some other written test before these but they are relatively easy and not that much worthy but you need to do well in them as welll. $\qquad$

## Write An Event at First Day:

prepare. $\qquad$ EVENTS.

1. Unforgettable event of my life.
2. Aim of my life.
3. Sweetest event of my life.
4. Sappiest day of my life.
5. Future of my life.
6. Worst moment of my life.
7. My ambition in life.
8. Turning point of my life.
9. Highest achievement of my life.
10. Painful event of my life.
11. Charming period of my life.
12. Successful event of my life.
13. Defeat event of my life.
14. Bad period of my life.
15. Worry of my life.
16. Latest dream of my life.
17. Happiest dream of my life.
18. Pleasant dream of my life.
19. Shocking news of my life.

Unforgettable moment of life... most important

## 5)Interview Quiz'z

** ISSB + Initial Interview of PMA/PAF/NAVY...

Interview $\qquad$

The first thing they see in you is how you answere question in the interview. When they ask you a question wait for 2 to 3 sec and then answere, If you dont know the answere just say Sir I am sorry I dont know the answere and if he says No just give it a shot you say I am sorry sir I rather give you a right answere than a wrong one..sum Sexual Qs will also be asked by them... from boys $n$ sum of girls too..

20-45 mins duration...(just for ISSB canidates..)
brush your math, physics (ohm law, one of there favt.), islam (basic dates you need to remember) like jhang badr date? hajj? namaz? wht is ghazwa? difference b/w nabbi and rasool?
then pakistan (borders of pakistan), imp places........quaid e azam, iqbal sahib
affairs. $\qquad$ .?
why you want to join army? (logical reason) not mugay bachpan say shook (shock.....??) tha $\qquad$ answer....
weakest and strongest point? and how you justify them? they should not be like affecting your personality or have an effect on the job you are applying for $\qquad$ atleat prepare 5 of them
can be $\qquad$ i am determined (merit), addicted to tea (de-merit)
be clear and try to speak wht you are. $\qquad$ coz they know wht you are by selection dozier file. $\qquad$

Questions Related To Your Bio-Data From ISSB Form Which You Will Filled On First Day Of ISSB.

Your Name Meaning,
...Your Father Qualification,

Your Rank Among Your siblings,

Your Qualification And Marks, Year

Your Age,

Your Height , Weight,

What do you do Now a days.?

Questions Related To Your Academic Qualification,

Questions Related To Your Hobbies,

Questions Related To Your Task And Performance,

Questions Related To Your Islamiat,

Surah Hudabia

Fateh Makka

Ghussal Ka Farahiz,

Wazu K Farahiz,

How many sons/Wives Of Prophet(P.B.U.H)

Biggest Surah Of Quran

Shortest Surah Of Quran,

Total rukus, Sajde , etc

Ayat-ul-Kursi, Dua-Qanoot

Battles Jang -e Badar etc Remeber Strength of Muslims In All battles, And their Year.

Questions Related To Forces,
group Captain is equal to which Rank Of Army,

Motive Of Army, PAF, Navy

Cheif Joint of Army Staff Name

How many People Got Nishan-e Haider And Last person mae who got this award

Question Related Your emotions, And Feelings,

If you didnt selected then what will you do..??

Questions Related To General Knowledge

Pakistan K North, east, West, South mai Konsa Country hah,
foreign Minister Of China, Japan, India, Pakistan, America

Nigeria, America, Japan, China, England, Srilanka Capital,

Pakistan Highest And Shortest Things, Like Highest Mountain, Shortest Dam, etc,

Cm names Of All 5 Provinces of Pakistan,

Cm name of kashmir,

What is GT Road And Who made it.

Questions Related To english,

Parts Of Speech,

Transalate into english,
woh tumhara kia lagta hah,
mai ne us se aek letter likhwaya,
kal raat se bht taez Barish horahe hah

Jiski Lathi uski Bhens

Woh Zaroor Yahan Ahna Chahta hah

Questions Related To Abbreviations,

CSS, KKH , UNICEF, NNHCR , SUPARCO, UNESCO

Questions Related To Quick maths,

If $U$ got 200,000 Rupees what will $u$ do for Those 200,000 Rupees.?

If a Shirt is of 50 and Your Shop is of Your Relative he gave u $15 \%$ discount then on what Price will u buy that After 15\% discount..?
0.5/0.005

What is $35 \%$ of 450 .?

What is $22 \%$ of $90 . ?$
$8+5 / 3=$ ?
$9-4 * 3 / 5=$ ?

If 12 Eggs are of 9 Rupees then 5 Rupees $k$ Kitne hounge..?

If Plane is going with $90 \mathrm{~km} /$ hour Speed then in 35 Mint how mUch distance will it covered..?

Questions Related To Your Self Analysis,

BoyFriends,

Girlfriends,

Sex etc.....

50000 don to keya karo gay? ??
jhot bolty ho ??

Why Do you Want To Join PAF/Army/Navy..........???

First Impressions

Most people make an initial opinion of a stranger within the first five minutes of meeting them.
According to research candidiates' impressions are made up of the following

Body Language and image (70\%)

Tone of voice (20\%)

What you say (10\%)

As soon as you enter the building you need to be polite to everyone you meet. You need to remain calm and confident, give a firm handshake, and remember to make eye contact. You need to put both yourself and the interviewer at ease by being down-to-earth whilst remaining business-like, it is often quite a good idea to
have a few conversation openers, especially if the interviewer takes you to the interview room, it helps break the silence..

Interview Techniques

The interview is not only a chance for the interviewer to assess if you are the right person for the job, but it is also an opportunity for you to see if the forces are suitable for you

During the interview you need to look for opportunities to be proactive and ask your own questions or try to lead the discussion where appropriate. Questions should reflect your keenness to work for the Forces...

Keep your concentration levels up during the interview and make sure you listen to the responses the interviewer gives you. The worst mistakes happen when people end up asking questions about topics that have already been covered, or don't hear or understand what the interviewer has said.

Key points:

Make sure you give the interviewer your full attention

Wait for them to finish speaking, before you answer the question

Make sure you ask open questions, to ensure you get full answers

Check you understand everything that has been said

What are your biggest accomplishments? This should be job related, and is a chance to show your competency

Where do you see yourself in five years time?
Points you need to remember:

Smiling is a good positive signal, as it reaffirms your good nature

Maintain eye contact

Relax do not rush or fidget

Mirror the interviewers techniques, if they laugh, laugh with them

Maintain an alert position, sit up straight, don't slump, but be comfortable

Always have a confident and honest attitude.

Questions asked from the GTO'S and Presidents at the time of Interview ISSB :
1.capital of Qater?
2.Capital of Austrailia?
3.Prime minister of England?
4.secretaory General of United Nations?
5.Name 5 countries who got independence after1990?
6.Name 5 cities of Balochistan?
7.in which provinces Terbela and mangala Dams are located?
8.Physics:pascals law?dooplers effect?boyel's law?Charles law?Aeroplane flies on which principle?explain?
9.Maths:a)factorize:X2-3xy+2
b)an Aeroplane is going with speed of $2500 \mathrm{Km} / \mathrm{hr}$.how much distance will
it travel in 15 minutes?
c)if 12 eggs are of 14 Rs Then what is the Cost of 4 eggs?
10.Why Name NWFP has been changed to KPK?do u think it was right to change the name?
11. Motto of NAVY,ARMY AND AIRFORCE?
12.Name Of AIR CHIEF?
13.Name of Joint Chief?
14.Name of Naval Chief?
15.what is the length of table?
16.If $U$ are Recomended for Navy, and we send $u$ to PMA,Will $u$ go?
17.Federal Minister of Law?

Questions Related To Quick maths,

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$9-4 * 3 / 5=$ ?

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If Plane is going with $90 \mathrm{~km} /$ hour Speed then in 35 Mint how mUch distance will it covered..?

- About Pakistani FLAG
* The white and dark green field represents Minorities \& Muslim majority, respectively.
* The crescent on the Flag represents progress.
* The five-rayed star represents light and knowledge.

GENERAL MATHEMATICS.

1. What is $5 \%$ of 80 ?
2. What is $5 \%$ of 90 ?
3. What is $2.5 \%$ of 60 ?
4. What is $25 \%$ of 80 ?
5. IF you got 540 marks out of 1000 than tell me about ur \%?
6. If you got 640 out of 1000 than tell me about ur\%?
7. What is $60 \%$ of 400 ?
8. What is $2 \%$ of 90 ?
9. What is $90 \%$ of 2 rupees?
10. Which is greater? $6 / 7$ or $5 / 6$ ?
11. Which is greater? $1 / 7$ or $8 / 7$ ?
12. $1 / 2+3 / 6=$ ?
13. which is greater? 5.5 or 6.6 ?
14. If your monthly income is 1200 what will ur yearly income?
15. If your earning 1100 rupees per week what will ur monthly salary?
16. What is $10 \%$ of 600 ?
17. 1 dozen egg price is 22 rupees what would 30 egg price?
boyle law,newtn 2 law,.5/.05,gf,bp,hp, what do u like most in girl body ?

Pakistan National Flag?

Green part of the Flag symbolizes?

White vertical bar in the Flag symbolizes?

National Anthem approved in ?

National Anthem's Verses Composed by

National Anthem's Tune Composed by

National Anthem's Duration
some info about pak

Area - Total 796,095 km2 (36th) 307,374 sq mi -

Ghawa e badar kb hua ? kitny muslim thy n kitny kufara??? ghaz wa e khyber?? haj kb frz hua ??? al ghazwat. $\qquad$
forces ma kiun ana chahtay hain,,,,,pakistan $k$ sides pa kuan si countries hain...north east west etc.... pochien gy k pakistan $k$ irad gird kya $h$ ya pochn gy East m kya h pakistan $\qquad$ .dawred line kya h???? pakistan k indian sarhad k sth kitna fasla h????? bs b confident !!! koi masla ni hota chill maro :)
app ki merits n de merits kn kn c hain ???

Aim of lyf..?

Merits in the eys of Friends.??
name ??f/name. educational acievment...APP KE HEIGHT?

INCHES MAI KITNEY HAI?

CENTIMETER MAI KITNEY HAI APP KE HEIGHT?

APP KA WEIGHT POUND MAI KTNA HAI?

CENTIMETER MAI KITNEY HAI APP KE HEIGHT?

PARTS OF SPEECH KITNAY HAI?

DEFINE ADJECTIVE
learn bout ur height nd weight in both unitss.....
motto of army,navy n paf .......??
motto of army: "Imaan, Taqwa, Jihad fi Sabilillah" or "Faith, Piety, Holy War in the path of Allah".

DEFINE CHARLES LAW,PASCAL LAW?

APWA=?

NASA=?
... $\mathrm{OIC}=$ ? SAARC ... Abbrivation batao......... headquter khn hn in k..?? kitny mumalik rokun hn in k...???
F.Sc=? kis ka abbrivation h ? MBBS ??

CSS = Central Superior Services.

PCS== ?
$5 \%$ of 30 ?
$5 \%$ of 80 ?
$1 / 4+3 / 4=$ ?

If eggs price are Rs.22/dozen then how much price me 30 eggs?

Literacy rate of pakistan ??

Government consists of..??
govrnr of punjab,sindh etc?? bultistan ??

Parliament consists of??

The Senate has $\qquad$ members

The National Assembly has $\qquad$ general seats, $\qquad$ women seats and $\qquad$ non-muslims seats?

If a Shirt is of 50 and Your Shop is of Your Relative he gave $u 15 \%$ discount then on what Price will u buy that After 15\% discount..?
$0.5 / 0.005$

What is $35 \%$ of 450 .?

What is $22 \%$ of $90 . ?$
$8+5 / 3=$ ?
$9-4 * 3 / 5=$ ?

If 12 Eggs are of 9 Rupees then 5 Rupees k Kitne hounge..?

If Plane is going with $90 \mathrm{~km} /$ hour Speed then in 35 Mint how mUch distance will it covered..?

Let's share some General Knowledge.

1. I.Q. = Intelligence Quotient
2. a.m = Ante Meridiem
3. p.m = Post Meridiem
...4. e.g. = Exempli Gratia
4. i.e. = Id Est (That is to say)
5. $\mathrm{SIM}=$ Subscriber Identity Module
6. OK = Objection Killed
7. NEWS= North East West South..

2/3 bra h ya $3 / 2$..??

How to solve mathematical questions? A car is moving with 90km/hour, how much distance it will cover in 40 minutes
<60
why K2 is called GOWDEN AUSTIN( $((()((8,611 \mathrm{~m}(28,251 \mathrm{ft}),,,$, Location : Korakoram Range,
Pakistan - China Border
ans..... Henry Godwin-Austin was a English topographer and geologist. An officer in the British army (1851-77)
he climed up frst tym,, is k name pee hi rkh diya is ka 2 nd name phr
$005 * 25=?$
motor way: Motor way connects major cities ,, tell d names.. Wt is M2 ..?? distances?? M1 etc

GTO road kb n kis ny bnai...??
$1 \mathrm{Kg}=2.205$ Pounds
and
$1 \mathrm{lnch}=2.54 \mathrm{Cms}$
** longest river in the world :Nile
which oldest known city?>>damascus capital ov syria
your favorite colour?

Isothermal?

Inertia?

Boyl's Law?

Charl's Law?

5hourses, 4 boys and 2 girls...total legs kitni hongi?

2/4 big hai ya $8 / 16$ ?

Rs.40,0000 milay to kia kro gay?

Your metric, F.Sc marks \& percentages
matric k marks kitny hn ? unka sum?????
capitals of countries of china..?? india..??? australia..?? USA??

Uk ka PM..?? USA ka F.M..??
indus high way
m3
$10 \%$ of $50 \%$ of $100=5$

Kitni agencies hn khybrpkhtounkhaw m..?? name ?? (Ans: 7 hn ..)
Biggest Failure of ur life..??
cities of balochistan... tell 5

In a Box 4 Apples Out Of 80 apples Were Rotten. What Percentage of Apples Were Rotten.???--4/80×100
=5\%

Suppose You are In Jungle, Unarmed, You have Come Across a Tiger, At That Time, what Will You Do??.
agar ik mout hala kr dein kis ko maro gy ,,marna zror h. $\qquad$ .Ans chiyee
app ki legs $k$ darmiyan kya h...??
what fraction come between $1 / 3$ and $1 / 4$ ?

PEMRA: Pakistan electronic media regularity authority.

NADRA: National database \& registration authority.

Dead Sea: Is between jordan and israel...
namazae janaza atta hai ya ni ??

WAPDA...?? tell d abbrivation ??

Height of pole
height of pole is $75 \mathrm{~m} .1 / 5$ of pole is inside ground how much above the ground height of pole is 120 m $.1 / 6$ of pole is inside ground .how much above the ground
height of pole is $81 \mathrm{~m} .1 / 9$ of pole is inside ground .how much above the ground height of pole is 99 m $.1 / 3$ of pole is inside ground .how much above the ground
height of pole is $150 \mathrm{~m} .1 / 2$ of pole is inside ground .how much above the ground.........
***
** height of pole $36 \mathrm{~m} .1 / 3$ of ploe is inside ground. and $1 / 4$ of pole is concrete(upper ). what is the remainning portion.
height of pole $30 \mathrm{~m} .1 / 3$ of ploe is inside ground.and $1 / 2$ of pole is concrete(upper ).what is the remainning portiont.
height of pole $180 \mathrm{~m} .1 / 3$ of ploe is inside ground.and $1 / 4$ of pole is concrete(upper ). what is the remainning portion.
height of pole $100 \mathrm{~m} .1 / 4$ of ploe is inside ground.and $1 / 5$ of pole is concrete(upper ). what is the remainning portion.
height of pole $160 \mathrm{~m} .1 / 4$ of ploe is inside ground.and $1 / 8$ of pole is concrete(upper ). what is the remainning portiont.

## QUESTION RELATED TO SEX IN INTERVIEW.

1. kia aap ne kabi B.P deki hey?
2. Aap ne B.P ketni baar deki hey?
3. Aap k face se lagta hey k 200,300 bar deki hogi.
4. Aap ne B.P kaha or q deki?
5. B.P passand ayi?
6. Dekne k baad kia kiya?
7. Aap H.P karte hu?
8. H.P q nahi karte?
9. Any girlfriend/boyfriend?
10. How many girlfriend/boyfriend do $u$ have?
11. DAT per kabi gaye hu?
12. Kabi apni girlfriend/boyfriend $k$ sath sex kiya hey?
13. Kabi apni girlfriend/boyfriend ko touch kia hey?
14. Larki me kia cheez passand hey or q?
15. Agar me aap se aik raat $k$ liye apki girlfriend mangoo tu muje doge kia?
16. SEXUAL URGE kaise pore karte hu?
** If a person purchased One shirt costly 350 from his Friend Shop, And his Friend gave him Concession of $15 \%$ then How Much Rupees U will Bought that Shirt $\qquad$ .??
--297.5

Which is Bigger,
$1 / 3$ or $2 / 5$.........simple.
$2 / 3$ or $4 / 5$
cross multiply karein $5 * 2=10$ And $3 * 4=12$
So Left side value ziada hah so $4 / 5$ bara hah,
$4 / 5$ or $6 / 5$
$9 / 8$ or $2 / 3$
$5 / 4$ or $12 / 11$

Some IQ questions are:
the speed of air craft is $180 \mathrm{~km} / \mathrm{h}$.how much the aircraft travel in 20 min .
the speed of air craft is $300 \mathrm{~km} / \mathrm{h}$.how much the aircraft travel in 30 min . the speed of air craft is $150 \mathrm{~km} / \mathrm{h}$.how much the aircraft travel in 60 min .
the speed of air craft is $200 \mathrm{~km} / \mathrm{h}$.how much the aircraft travel in 30 min .
the speed of air craft is $120 \mathrm{~km} / \mathrm{h}$.how much the aircraft travel in 20 min .. $\qquad$
--ar isme simple sa fprmula lag rha hai $s=v t$ nd nothnig else.. nd at issb no need to solve these make these calculation if the deputy president asks $u$ just tell him.. sir here is simple formula $s=v t$ which is applying in these just thts all. $\qquad$

60km

150km

150km
100km

40km
some IQ questions are:
percent question:
what is the $80 \%$ of 80 .
what is the $20 \%$ of 40 .
what is the $10 \%$ of 180 .
what is the $80 \%$ of 20 .
what is the $20 \%$ of 240 .

What Was the Rate of Discount If A Boat Which Cost 5000 Was Sold For 4800.???

Yes 100-96=4\% discount

OIC..?? FATA ??

- Organization of the Islamic Conference
- Federally Administered Tribal Area
_Name Largest Dam.?--in pakistan its tarbela-----syncrude tailings dam of canada is largest in worlld

From Where Indus Highway Start \& Where it Goes. $\qquad$ ??its start 4rm karachi and ends at peshawar...it go tilll dera adm khaill
gdp and ndp
what is diff $\mathrm{b} / \mathrm{w}$ zakat and tax
what type of fried u like?
if $u$ got 10 million rupee than what will $u$ do?
when you tell a lie?
percentages.....
what is kkh?
name the deputy speaker of national assembly

The Shortest River is........ravi
indias president?
y to join airforce?
study in co-education?

Which Prophet Is Said to Be "Abu-al Bashar"........ADAM (A.S)

What Is GT Road \& Who Made It $\qquad$ ??????? GRAND TRUNK ROAD. BY SHER SHAH SOOORI....... 2500 km long.... strtzz from bangladesh and goess to jalalabad kabul.
**Ghusal \& Wazu Ka Kitne Farahiz Hote Hain, Tell Briefly.....?

Ghusal 3 faraiz:

1. Kulli karna
2. Naak main paani dalna
3. Puray jism per es terah paani bahana $k$ baal brabr hissa b khushk na ho.

Wuzu 4 fraiz:

1. Chehray ko dhona
-- pishani k baloun s le kr thohri(chin) k nichy tk,,,ik kam ki lou s dosry kan ki lou tk.... K koi hisa khushk na rh jy....

2--Dono baazu kohniu smait dhona,
3. Chothai sir ka masah karna..( pani hatelio pe thora gira $k$ mean gila kr k krna,,kai jagah h k just dono hath gely kr k pher dena b thk h )
4. Dono paon takhnoon smait dhona.
dua e qanout ???? 6 kalmaz...??

Name Five City Names Of Baluchistan \& Pakhounkhawa..???,,
*Balochistan

# Ziarat, Quetta, Kalat, Muslim Baagh, Qilla Abdullah District,Nasirabad and Khanozai 

## Khyber-Pakhtunkhwa

Swabi, Dera Ismail Khan, Charsadda, Nowshera, Peshawar, Mardan, Mingora, Kohat, Mansehra, Haripur And Abbotabad..

Name The Capitals Of,

Denmark--kopn haigan

Cuba

Nishan E Haider holder Names!!!!!
Captain Muhammad Sarwar Shaheed 2/1st Punjab

Major Muhammad Tufail Shaheed / East Pakistan Rifles
Major Raja Aziz Bhatti Shaheed / 17 Punjab

Major Muhammad Akram Shaheed / 4 FF

Pilot Officer Rashid Minhas Shaheed /,

Major Shabbir Sharif Shaheed /, 6 FF

Sowar Muhammad Hussain Shaheed /, 20 Lancers
Lance Naik Muhammad Mahfuz Shaheed / 15 Punjab

Captain Karnal Sher Khan Shaheed / 12 NLI
Havildar Lalak Jan Shaheed, /12 NLI
*if the height of a tree is 240 m its $30 \%$ part is inside earth.. Its remaining part? 168 m
agar team $k$ all players first 10 balls pe out ho jain to kn sa player notout rahay ga.---
good poits bad points.. family backround. fev personality. hight and wight. fev color. 80lac mile tu kia karo ge? y u want to join army.. army navy and airforce motos.. gilgit governer and chief minister. punjab governer. sex..gf..smoking.. select ho kar kon se ...army chief ka name?? naval cief kn h??? joint chief of staff kn h ji????????? raval dam khn h?????? dams $k$ bry $m$ Qs..... corps me jawoo ge? some question in islamic history..

